



Contents

Intro.....	4
Chapter 1.....	8
Chapter 2.....	11
Chapter 3.....	14
Chapter 4.....	17
Chapter 5.....	19
Chapter 6.....	22
Chapter 7.....	26
Sit down meditation.....	26
Chapter 8.....	29
Chapter 9.....	32
Chapter 10.....	35
Chapter 11.....	38
David Schweizer	41
Harry Bartz	44
More Zoran friends	51
David Husson	51
Cynthia	53
Mimi Greek	54
Dragon Tales	55
Zoran And Friends.....	55
First Time Meeting Zoran.....	59
Space Ride –Zoran.....	62
Zoran Seminars	66
Meeting Barbara	67
Naval Special Warfare -Meeting Alien	69
Micah	72
On Your Own Or I Get By With A Little Help From My Friends.....	80
Stargate’	84
Fragments Of Truth.....	85
Shay Clayton.....	86
Pleasant Surprise.....	86

Zoran 5-2-87 side a	88
Zoran 5-2-87 side a	102
Zoran 7-19-87 side a	112
Zoran 07-19-1987 side b	131
Zoran May 20 1990 side a	141
Zoran May 20 1990 side b.....	157
richard bakara 8-26-87.aup3	173
Richard and Bakara side 1	178
Richard and Bakara side 2	193
We see through many different lenses.....	205

Intro



Imagination is the key to life. Let's take your imagination and expand it a little. By being like a child one has tremendous imagination. When you were a child, imagination was as natural as your smile.

You didn't get into the ugliness of being in your mind and losing awareness of your imagination. That only happens when you get older. It doesn't have to be that way.

For eternity, there have been beings who have promoted the journey from darkness to light. This is a sacred journey we are all on. This is not the first time to this rodeo. You may think that it is but it is not. You are the universe and just don't know it.

There have been billions and billions of incredible beings like you who have gone from darkness to light. They all have made mistakes just like you do. The motto of this video game is two steps forward and one step backward.

It's as simple as that. We are meant to make mistakes. That is how we learn and grow.

This book is about my friendship with Zoran. It's not an ordinary friendship. We have been friends for lifetimes. This is a story within a story. We are all involved in this story.

Unfortunately, most of the time we are only involved in our own life. We don't see the complete picture. We get so involved in our petty things.

How is it I have a friend on the other side I haven't seen in over 35 years? Yet my connection to him is stronger than ever. Zoran once told me that laughter is the best medicine.

When you laugh, it changes the molecular structure of your biology. You literally create happy cells. Anger creates angry cells which can lead to cancer.

I won't call this book The Life and teachings of Zoran. He probably wouldn't go as far as that. Zoran taught quite differently than many ordinary teachers.

When he was on stage he would have a treasure chest of toys. Alf was one of them. He would hand someone a toy and it would make that person a child again.

Somehow he believed in the simple power of transformation by being a child. We would always laugh and laugh when we were together.

At times he would say that we would have to bring our laughter down a couple of levels because it was getting too difficult for Makara to channel.

Believe it or not but Zoran had a mystery school on a planet called Nucleus. They had begun all over the universe coming to this school. They studied the mystery of the quantum field. It was quite sophisticated yet so simple.

They have a stargate where they could go anywhere in the universe. They also learned through meditation to travel anywhere in the universe in a second. One can never totally understand the mysteries of the quantum field. It is beyond time and space.

Just got up. It's 2:22 in the morning. I'm pondering the meaning of "from me to we". It seems like man has been living in a dream for so long. At times it has been a nightmare.

At times it's been a beautiful dream. Man has been repeating the same actions for thousands of years. They constantly repeat themselves.

Why does man continue to fight wars? Wars have never solved anything, yet we continue to this day. Each century our weapons are more sophisticated. Today we have weapons that can destroy the world 100 times over. Yet we still are on the lookout to create even more destruction.

I love to watch the geese and ducks fly in the sky. My wife and I love it. They fly in incredible formation and can change and morph in many different patterns on the fly. They are in synch with nature. It seems like they are united and flying as one.

I think man's problem stems from the fact we are so identified on me. My nation is better than your nation. My religion is better than yours. I'm going to heaven while you are going to hell. God is on my side not on your side. It's all me, me, and me.

Currently, we have a President who loves to divide the country. He gets a big kick out of this. He tweets whatever comes to his mind.

He has no ethics whatsoever. You see when you aren't aware of your true nature you act in ways that aren't in harmony with the universe.

For example, why don't we elect leaders that are kind, loving, and compassionate? Some are. Yet our political system is in shambles. We are divided.

Our political system is at a standstill. Nothing can get done. Blame is put on both sides of the parties.

You see our mentality is us versus them. We have been this way for thousands of years. Emotionally man has been stagnant for ever so long. Yet we have progressed in technology.

Thousands of people have tried to make this world a better place. The spark of the universe lies inside.

This book is about how we can transform from me to we. I believe this is our answer. All the great masters talked about this in their beautiful ways.

Man Thinks That His Conscious Only Exists In His Brain

Man thinks that his consciousness only exists in his brain.

He has created himself distant from life itself.

According to Einstein $E=MC^2$.

Show me then where consciousness does not exist.

Inside of a flower or a car.

The whole universe is alive.

Man just thinks he is alone.

Chapter 1



The wise men have said that you are the universe. You just don't know it. Your true nature is kind. You are love and compassion. You are tolerant and patient. You do not judge. You aren't a bully.

You are not full of anger and resentment. Unfortunately, we have lost touch with our true nature. Consequently, we feel separate from each other. We have forgotten our true nature.

As I said in the intro the problem is me, me, me. We have lived in this manner for thousands of years.

Recently science and religion are almost talking about the same thing. In the quantum field, time and space do not exist yet it exists everywhere. We all come from the quantum.

Did you know that this field is alive and conscious? This is who you truly are.

Imagine you have a body and a soul. A part of your soul lives in this quantum energy known as God. A part of you never left. Imagine there are probably around 6 billion people on this planet.

Each one of these precious human beings has a part of them connected to God. Each one of them has a higher self.

The quantum field is like a vast cosmic soup where the entire universe is comprised. You and I all united into this soup. You can't separate us because we are one.

This is the creative source known as God. All of creation comes from this source. It's beyond time and space.

We are linear yet the source is beyond our comprehension. Yet we all come from it.

We have a spark of this inside of us. We are never alone. We may think we are. We are created in the image of our father. Our true essence comes from God.

If this is true why don't we have peace on earth right now? Good question. We have free will. We have free choice. You choose what you want. There is no judgment.

I see that life is like a video game. At each level, you learn and gather wisdom. At a certain point, you advance to the next level. Imagine we are playing this game yet we aren't aware of it.

We don't even know there is a video game that we can play. Many human beings are like this. We complain and moan about life. We are like leaves blowing in the wind. Our outside circumstances dictate our state of mind.

We hold grudges and resentments. We are polarized with people who don't think the same way as we do.

Look at our political system today. Neither side can talk to one other. Yet a wise man knows that there is a video game of life.

He slowly understands how to play the game. In every moment he tries to monitor his thoughts and action.

Yes, he will stumble and fall much like a baby does when she learns how to walk. Eventually, the baby learns how to walk and run with the wind.

In the same way, we can learn how to control how we react to the world around us. We discover the world within.

We discover our piece of the puzzle which ultimately helps in bringing peace to this planet.

Our goal is to take care of our inner garden. We need to pull the weeds and toil the soil and water daily. Our world would change for the better if we all did this.

There is a point in the video game where we experience the oneness of all life. You see we are all one. We are not separate. We just think so. We are living in old energy for thousands of years.

Consequently, we have wars with each other and can't see eye to eye. So how do I play this video game of life? The first step is free will and free choice. You must make a conscious decision to learn how to play the game of life.

You see most of our life is a habit. Our subconscious is in control. We speak what comes to our mind.

We mostly have the same daily routine. Get up and brush your teeth. Eat breakfast. We have our daily commute to work or school. Our daily habits are ingrained in our bodies.

We are walking around not being aware of our true nature. When one realizes that there is another way to live one begins to learn how to change moment by moment.

One becomes to see that no one can walk this path for you. None is going to save you. You are responsible for changing and discovering your true nature. Now help is always there.

You are never alone. You can do this. It just takes one small baby step after another.

I don't have words to say about how incredible this game of life is. Every moment we can change for the better. We can reach for the stars. This is our true nature.

When mankind discovers this and practices this peace will be on earth. You see you and I are one.

Chapter 2



The Golden Rule. "Do not impose on others what you do not wish for yourself." .This was one of the guiding principles of life that Confucius taught his followers, five centuries before Jesus taught the Golden Rule with similar words.

In Matthew 7:12 Christ says, therefore, all things whatsoever ye would that men should do to you: do ye even so to them: for this is the law and the prophets

This living principle has been known for eternity. Yet in our day-to-day affairs, we miss the boat. I believe most people try to live with the golden rule in mind.

Most people try to be kind and considerate of others. Unfortunately, we see so much drama in our world. We are still fighting with each other. Emotionally we are still babes in the woods. Yet man is waking up from his slumber.

The golden rule expresses the unity of all. It expresses the oneness of all life. We are all created by God. We all came from the same place regardless of our race, color, or creed. We are a beautiful family.

Can you imagine if the entire world just lived by this simple principle? There would be peace on earth. Today in our politics you win elections with a huge amount of money.

You try to slander your opponent as much as you can. You make up stories that the other person tries to defend. We elect people whose only concern is to stay in power. They lack morals and ethics.

We have Christians who overlook their values and embrace our current president. Imagine if the other side did just one of the current President's antics they would be impeached.

How do we as a world live by the golden rule? We must change our ways. We must discover our true nature.

We must learn how to be kind in diversity. We must cultivate love and compassion.

This must be in every moment a conscious decision. We must think before we speak. We must monitor what we say. If it's putting gasoline on the fire don't say it.

Monitor your actions. Once you do an action you can't take it back. The other person may forgive you but they won't forget what you did.

Our current President must learn this. How many people has he mocked and he doesn't care? Yet he is in office.

If we as a people would do this our world would truly change. Our political system would change for the better.

Imagine voting for a person who has the highest amount of kindness and compassion towards their fellow man instead of our current system.

Nobody would vote for a power monger or one who doesn't want to represent the people.

Over time we would have a kind government. A government for the people and by the people. We would truly take care of our people.

Instead of spending trillions of dollars on a war that money would be spent on improving the lives of all war would be obsolete. We would use our wisdom to solve the problems of today.

We would look back in the future and see how barbaric we once were.

You see this will happen. Humanity is evolving. Doom and gloom are not our true nature.

These are not just words. You can at any given moment change for the better. Kindness is your true nature. Love and compassion for all are your true nature. Your mirror is cloudy so you can't see your true reflection.

You can clear your mirror. All the great masters in the past told you so. Lo and behold the kingdom of heaven exists inside of you. All the great teachings have said the same thing using different words. The essence is the same.

These are exciting times. I love to see the compassion people have for one another. People are helping each other all around the world. The news gives us a very small fraction of the good people have. In my eyes, the news should be

reversed. We should show the good things humanity is doing and maybe have a small segment on the negative.

Today our news is delivered to provide shock and awe for ratings. The almighty buck wins.

You see just like in voting your vote counts. You have a piece of the puzzle. The puzzle can't be complete if you don't discover your true nature. What do you have to lose? Do you truly like the current state of affairs?

How would you like that in every moment the world would be kind to you and your family? How insane that we have children who go to school and have to pass through metal detectors. How can you learn in that environment?

1 out of every 5 children in the US doesn't have enough food to live on. That's a sad situation. You see once humanity embraces the golden rule these problems will go away. We can truly care and have love and compassion for all.

We can truly see and experience that we are all one. This is called the golden age for mankind. Ponder this over. You can make a difference in this world. You are not separate from the universe. You are the universe. You just don't know it.

Chapter 3



We are all custom-designed by God. Yesterday I heard an interesting interview with Bruce Lipton. He is a scientist and has a fascinating story to tell. He wasn't interested in God, religion, or anything spiritual. His passion was science and biology.

He was studying the structures of cells. One day he discovered that our cells have antennas embedded on the surface of the cells. We have trillions of cells and each cell had an antenna.

He thought to himself. Mind you I'm paraphrasing what he said. He asked himself what these antennas are for. For what purpose do we have for them?

In the real world, he thought of a TV set. You have an antenna that receives signals from a broadcast. You can change the channel and a different TV program will appear on the screen.

At this point, it gets extremely interesting. Somehow he has an epiphany that our awareness and consciousness are being broadcasted from God or the quantum field.

Each one of us has a unique signature. He realized that the body will die yet our essence is always the same. We can never die. Our essence is eternal.

To his amazement, he discovered that God exists inside of us. The treasures exist inside. We are hardwired to discover the universe within.

Imagine all this took place within five minutes. From that point on his goal was to discover his true essence. The clues are there in plain sight. Bruce then as a scientist begins to use the lab within to discover his true nature.

In the interview, Bruce said that some Jesuits said gave me a child for seven years and I will tell you how the child will grow up. In the first seven years, a child will pick up the good bad, and ugly.

A child's brain wave is theta which everything external gets sucked in from 0 to 7 years old. This goes directly into our subconscious. Now imagine that we live our lives 98% of the time from our subconscious. Our subconscious drives our life.

This means that our lives are being driven from our early childhood. Without pursuing ourselves and discovering our true nature we live most of our lives driven by our subconscious. We react like leaves blowing in the wind.

Our body is so entwined with our subconscious that we react automatically without being aware.

Imagine our subconscious is like a hard drive. It has tons of data stored for the ages of 0 to 7. When an event occurs the subconscious will go instantly to the hard drive and it knows how to react. Notice we are oblivious to what's going on. This is mankind to a tee.

We have been fighting forever for so long. The world is on fire. People flame each other on Facebook. We have a President who tweets whatever comes to his mind.

Humanity is on the verge of a breakthrough. The signs that we were built to discover are all around us. We have all the instruments inside of us to discover our true nature.

We are about to go from me to we which is the title of this book. Imagine every single person on earth is hardwired to discover we all came from the same place. We are all family regardless of race, color, or creed.

Our true nature is kindness. Our true nature is love and compassion. We are all a spark of the divine. We are the universe. We just don't know it. These are exciting times. You hold a piece of the puzzle of life inside of you.

You can change and discover your true nature. Millions of people are waking up. Recently science and religion are talking about the same thing. Discoveries that Bruce saw are major scientific breakthroughs for all of us.

Bruce saw in a flash of light that we are being broadcasted from the quantum field. We have our name that God knows and the universe knows. Every human life is special.

With our free choice and free will, we can moment by moment be on a conscious journey to discover our true essence. Ponder this over.

Chapter 4



Let's continue how a human being is hardwired to find God. Many scientists think that a part of our DNA is multidimensional and quantum.

We contain the blueprint of God inside of us. From this blueprint, a human being is created. We are created in the image of God.

When I was young I loved to study the great wisdom of India. I still do. The Indians have a theory that everything we do and say is recorded into an energy frequency.

This energy frequency can be read in some parts of time in the future. Some people have fine-tuned themselves to be able to read the Akashic record from another person.

Now recently many people think that in our DNA we have multidimensional DNA that contains the blueprint of God. Now imagine in this blueprint contains the entire essence of the universe and the essence of your soul journey in the universe.

You are eternal. You can never die. Your body will. Many people are discovering this concept and are learning how to mine the Akashic record for themselves.

Can you imagine how incredible that would be? It means that you could stop any disease from coming your way. You would be in tune with God and listen to the wisdom that lies within.

You could bring back all the positive attributes you have learned on your magnificent journeys in life.

A person could tap into the future and bring back wisdom such as inventions that would help our fellow man.

From that state, it would be easy to go from me to we if you could consciously tap into the oneness and blueprint of the universe.

As you can see the car is sitting in the garage gathering dust. The car is meant to be driven on the freeway of life. Moment by moment we can drive our car and gather a greater understanding of why we are alive.

We spend most of our lives in a survival mode. We spend most of our time living in our habits and subconscious. Imagine we are hardwired to discover our true essence. Yet so many humans are oblivious to this fact.

You see we have free will and free choice. The entire universe lives by this law. At times I think well maybe human beings shouldn't have free choice and we would come into this world and never forget our true nature.

Peace would always prevail on earth. Anger and war would not exist. Heaven would be on earth. Yet life is a grand adventure. We come into this world to discover our true nature and to help transform this world from darkness to light. It is a cosmic game.

This isn't the first time this game has been played. For time immemorial this game has been played through this universe and countless other universes.

The entire universe is watching us and cheering for us. They are rooting us on. We have incredible coaches that help and assist us.

Yet they can't take a single step for us. You see each of us has to play the game without any steps taken by another being.

These are exciting times. We as humanity are going from me to we. For thousands of years because of thinking it's all about me, we have fought countless wars.

We are living in an era where this is changing right before our eyes. Ponder this over. You are hardwired to discover God. You contain within your DNA the blueprint of God.

Chapter 5



For over five thousand years the Indians have discovered flower petal-shaped vortexes of energy lying across seven different areas on our spinal column. These chakras are directly connected to the endocrine system of glands.

These chakras are responsible for distributing energy through the body. Where there is a blockage disease will occur. In our next chapter, we will talk about the Chinese discovery of meridians.

I won't go through the specifics of each chakra. Here's a general overview of each one. The following information came from color-meanings.com

The Root Chakra – The Sanskrit word for this Chakra is Mooladhara Chakra (mool means root). The chakra color associated with the root chakra is Red. The root chakra defines our relation to Earth. It impacts our vitality, passion, and survival instincts.

The red chakra colors are also indicative of our need for logic and order, physical strength and sexuality as well as the fight or flight response when faced with danger. The sense of smell in the human body is connected to the Root Chakra. The gland to which the root chakra is attached is the Gonads.

The Sacral Chakra –The chakra color associated with the sacral chakra is orange. This chakra relates to the water element in the human body.

The chakra colors are orange which impacts sexuality, reproductive function, joy, desire, and even creativity, and compassion for others.

The sense of Taste is associated with the Sacral Chakra. Glands and organs impacted by this chakra include the lymphatic system, female reproductive organs, large intestine, pelvis, and bladder.

The Solar plexus Chakra – The Sanskrit word for this chakra is Manipura Chakra which translates to “city of jewels”. Thus the solar plexus chakra is the personal power chakra that is responsible for one's personal and professional success.

The chakra colors yellow of this energy vortex are associated with fire, energy, charge, etc. This element of fire, when balanced and harmonious allows one to feel more confident, cheerful, and energetic along with the right amount of respect for self and others. Our sense of sight is associated with the solar plexus chakra. The glands or organs associated with the Solar plexus chakra are Adrenal glands.

The Heart Chakra – Anahata Chakra or the heart chakra is associated with the chakra colors Green. This chakra influences our relationships and has the Air element.

A weak heart chakra is responsible for sabotaging relationships through distrust, anger, envy, etc. The sense of touch is impacted by the heart chakra and the glands connected to it are Thymus and lymph.

The Throat Chakra – The Vishuddhi chakra refers to our true voice. As the name suggests, the Throat chakra with its chakra colors Blue is associated with the ability to communicate, listen, etc.

The glands to which the Throat chakra is attached are the esophagus, ears, throat, thyroid, jaws, teeth, and neck vertebrae.

The ethereal element of the Throat Chakra, when balanced, allows an individual to have a pleasant voice, artistic abilities, expressive ways, and also the ability to be in a higher place spiritually. Individuals with a balanced throat chakra can meditate well and use their energy efficiently and artistically.

The Third Eye Chakra – The Ajna Chakra translates to the “center of knowing or monitoring”.

This chakra is associated with chakra colors Indigo and is connected to the Pineal or pituitary gland. Those with a well-balanced brow chakra can have telepathic abilities, charismatic personalities and they often do not have any fear of death.

The element of electricity or telepathy along with the chakra colors of Indigo are associated with our sense of Thought.

The Crown Chakra – This chakra is known as Sahasrara chakra in Sanskrit and is associated with the chakra colors of violet or purple. The crown chakra is associated with the pituitary gland, nervous system, and brain and head region with its element of light. In its balanced state, this chakra can render individuals the ability to perform miracles, transcend the laws of nature, and have a heightened awareness of death and immortality.

Now according to the great masters and mystics, the journey begins at the base of the spine. There lie the Ida and the Pingala nerve. Imagine a column called the Sushumna which is not physical which goes from the bottom of the spine

Here's the definition of the Sushumna from Wikipedia.

Sushumna (सुषुम्णा, suṣumṇā "very gracious", "kind" [3]) runs along the spinal cord in the center, through the seven chakras. Under the correct conditions, the energy of kundalini is said to uncoil and enter the sushumna through the brahma dwara or gate of Brahma at the base of the spine.

The Shiva Samhita treatise on yoga states, for example, that out of 350,000 nadis 14 are particularly important, and among them, the three just mentioned are the three most vital.

It seems to me that God hardwired each human being to help discover his true nature. The journey begins at the base of the spine of the root chakra. Here the consciousness of me me and me reside.

The human being is existing in a state of survival mode. The goal in life is to master each chakra and ultimately arrive at the crown chakra and enter its door. At this stage, one will realize that I am the universe. We are all one.

This is our true state of existent. We are all one huge gigantic family. Each one is responsible for discovering our true nature. The world will be in a better place if we all did this. Ponder this over. So do you think that you are hard-wired to find God? Maybe it's time to use your inner key to start the engine.

Chapter 6

The Tao that can be told is not the eternal Tao;
The name that can be named is not the eternal name.
The nameless is the beginning of heaven and earth.
The named is the mother of ten thousand things.
Ever desireless, one can see the mystery.
Ever desiring, one can see the manifestations.
These two spring from the same source but differ in name;
this appears as darkness.
Darkness within darkness.
The gate to all mystery.

Hi, I'm David the dragon. I'm best of friends with Little Ricky. You have read about me in this story. I'm over five thousand years old. I still feel young at heart. You see I take care of myself. Where I come from the British Isles the dragons didn't have any common sense. You could say common sense is uncommon.

Where I came from the dragons didn't exercise or eat good foods. They partied throughout the night. To be frank they had no clue about universal laws. They were only interested in acquiring stolen treasure and fighting. Boy, what kind of existence is that!

When we flew from the west to the east our entire lifestyle changed for the better. We started to take a look at how to make a better life for the dragons. As you see only young dragons came with us. They were stuck in their old ways. Quite frankly they had no desire to change. They liked misery.

Well, we decided to have a grand adventure. We learned how to meditate from Zoran and the rest is history.

We learned very young that life is an external and internal adventure. Bet you nobody told you that.

We came to a point where we could see energy all around us and in us. If there was a block over time disease could take place.

You see in the bodies of humans and dragons lie a vast number of rivers and streams. In a healthy body, these rivers and streams are flowing properly.

But the more ones live a life out of balance these rivers and streams get clogged up and don't flow properly. The water over time becomes stagnate and mosquitos can fester. This is where disease manifest.

Here's an example of anger. When a person is always angry this blocks the rivers and streams inside of the body. Over time the body becomes angry and can fight against itself. You call this cancer. Cancer is angry cells.

We discovered a long time ago that by using needles at certain points on the body we can begin to unblock the rivers and streams.

Yet the acupuncturist can help to unblock these dams yet it is up to you to change, modify, and learn how to be healthy.

In the West, you go to a doctor and take medicine. Your symptoms go away. Your drugs have side effects. The patient takes no responsibility. No wonder your system is messed up.

A wise person begins to listen within and change accordingly. This person realizes that proper rest is the key. In the west sleep and rest is sort of a nuance. They don't have an understanding of how important it is. For the body to heal and repair it needs rest. Period.

We live such a fast past life we have forgotten why we need sleep and rest in the first place.

The acupuncturist during this time had an easy job. He knew how to break the dam and let the waters flow properly. He might give some healing herbs to the child.

The child understood completely that the acupuncturist could only assist so far in the process. She knew that it was up to her to follow through and live day by day the natural laws of life.

You see their culture was understanding and practicing every moment of these natural laws.

Unfortunately, in the world, today man has lost touch with his true nature. Consequently, the disease is quite common.

Our herbs are giving out our organic and have no side effects. They are extremely beneficial in helping the body balance. Your western medicine has extreme side effects and can cause death. Listen to the commercials today and you will hear a lovely voice telling all the side effects the drugs have.

They are concerned to make a profit. That is the bottom line.

Now kids listen to this story. Only your generation can change this wacky system. You can look at different and natural ways.

You see chemicals are the least effective ways of healing. Your scientists know about energy but at the present moment, only a few doctors are researching the power of energy. This is where acupuncture comes in. In the future, there will be a myriad of different discoveries and inventions.

The more a society becomes more aware the more discoveries can occur. You see only in an open society can change occur for the better. These discoveries can be used for good or they can be a complete disaster.

The nuclear bomb is a prime example. The genie got loose and now the world is trying to find out how to reign in the genie.

You see your world has a lot to learn. Imagine most of the world is looking externally. But the jewel lies within. You need a balance between the external and the internal.

Millions of people are waking up to this fact. At a certain point in time when humanity truly understands this your inventions will be so-called a miracle in life. They aren't miracles in life but your understanding is at a different level.

Your cell phone would be considered a gift from God five hundred years ago. I bet each one of you knows how to operate one. You have no problem with that.

In the same way, the more you understand the laws of the universe more incredible inventions will come your way.

Nature wants to give her incredible gifts but you have to be in synch to receive them. Anger, war, and greed will never be the way to discover these gifts.

For thousands of years, war is not the answer. It has never solved anything and never will.

Only the kids can truly change for the better. Hopefully, you will listen to this story and remember your generation can change for the better. The seeds have been planted many millions of years ago.

You can be the fruit that can change this world.

You are never alone. Someday you will realize this. You will see that all of humanity and the dragons are in the same boat together.

You are the universe. You just don't know it.

Chapter 7



Wow, we are directly hard-wired to find God yet we are so dense at this present moment. How can the world at large discover its true nature?

Did you know that the same power that is keeping you alive is keeping the universe alive? Behind your breath lies the secret of life. The universe is keeping you alive. The mystics have

known this for thousands of years.

On average, a person at rest takes about 16 breaths per minute. This means we breathe about 960 breaths an hour, 23,040 breaths a day, and 8,409,600 a year.

Unless we get a lot of exercises. A person who lives to 80 will take about 672,768,000 breaths in a lifetime.

We are breathing yet most of the time we aren't aware of our breath. By focusing on the breath moment by moment one begins to dive deep into the infinite ocean of life.

Here are some simple and easy yet powerful meditations you can do.

[Sit down meditation](#)

For me, this is the foundation for life. Without this practice, I don't think a person will travel far on this path. You see by closing your eyes and concentrating on your breath you are closing the doors to the external world and opening the doors within.

Each time you do this on a day-to-day basis your understanding and experience grow. As I said, in the beginning, you meditate upon the universe. After some point in time, the universe starts to meditate on you.

There is a melding of energy. The mind is like a tuning fork. Whatever it focuses on it vibrates at that frequency. When your mind concentrates on your breath it vibrates to love and compassion.

Mind you this is a slow journey. Rome was not built in a day. The earth took billions of years before humans came upon the scene.

You see we are hardwired to discover God. Enjoy the journey of meditation. In the beginning, you will probably meditate just for yourself. At some point, a person gets more spiritually mature and you will meditate for all sentient beings.

Did you know that concentrating on your breath is the foundation for many of the world's meditation practices? It is as old as time. I have been meditating for around 47 years and every day I am grateful to do so.

My advice put your heart and soul into this practice. Many people don't like to meditate. They say it is boring. Well, your mind is boring. Meditation is not boring. The universe is not boring.

You are bored. The mind is bored. Change your mindset. You are playing the video game of life.

As in our video games, they are supposed to be challenging. This is the most challenging game you will ever play. It's also the most rewarding. You will change every aspect of your life.

You will see that the keys to the universe exist inside of you. You will over time learn how to be in harmony with the universe.

Words can't truly describe that experience. Imagine there will never be a point in time where you can clap your hands and say "I've learned all that can be learned". Learning and growing are a part of life and the universe.

You will never stop learning. You are eternal.

I was a surfer for many years. Presently I live in Kansas. Yet I love it here. Meditation and the practice of life is my hobby.

I love to discover my true nature and the universe. It's my hobby. I've been doing this for many years now. I have gone through so many incredible levels in this video game. I hope I can help you in your playing the game.

Even if you don't think there is a video game you are playing the video game whether you know it or not. You see 98% of your actions come from your subconscious mind. You aren't even aware of it.

Your subconscious mind got developed when you were from 0 to seven years old. You are playing the same tapes from your early beginnings in life.

No wonder we are like leaves blowing in the wind. We react to every situation that comes our way from these early memories in life. We have learned how to be reactive beings and are quite good at it.

Many of us react when we read this. Don't tell me what to do. We aren't. You have free will and free choice. Personally, if there is a cliff and you are about to walk off the cliff we want to tell you hey there is a cliff in front of you.

Many people say it's too hard. Yes, it's hard yet at the same time is super easy. You can learn to change your attitude. Your thoughts either positive or negative are the building blocks of your life.

I prefer to build love, patience, kindness, compassion, and tolerance in my life. Inside of you contains all the wondrous qualities of the universe. This is your true nature.

By closing your eyes daily you will slowly discover your true nature. Learn how to love to meditate. It's probably the most significant thing a human being can do.

Chapter 8



When you concentrate on your breath you are constantly bringing the mind back towards your center point. The mind loves to wonder.

Mystics have said to control your mind is the most difficult thing to do in the universe. I bet you for the last 47 years I have brought my mind back to the center point probably around a billion times.

Yet if I look back from where I started and where I am today is the difference between night and day.

In the beginning, my mind was out of control. It still is yet my mind is my friend. The mind's natural state is to wonder. The more I drench myself in the ocean of silence my mind is getting cleansed.

Learn how to become friends with your mind. Don't make it an enemy. It is like training a puppy. You can do it. Every time your mind wanders bring it back.

In the beginning, it took a while to sink into the silence. It was like struggling in the water. Yet at a certain point silence would fill you up. It's hard to describe.

Over the years it has gotten so much easier. Now I close my eyes and I'm there. As I said before, in the beginning, you meditate on the universe. At a certain point, the universe meditates on you.

Even in this state, one must make conscious decisions to express love, patience, tolerance, and compassion for all. We must also reprogram our subconscious minds to reflect our true nature. That will be talked about in some other chapters.

Once you can begin to experience the silence and feel love and compassion while you close your eyes you can begin to do the next step.

In this step, you will slowly learn to concentrate on your breath while you are awake. It's a standing meditation. Imagine you are breathing 24 hours a day yet you are unaware of your breath.

Try this next time you are driving. Turn off the radio. When you are driving focus on the road and pay attention to your breath. The more you do this the less you will be in a hurry. I won't say that you will drive like a Granny yet your state of mind will be peaceful.

You will not have a care in the world. You can be in a traffic jam and you won't have a care in the world. I have a personal theory. The more agitated the mind is the more reckless and impatient a driver will be. Sometimes you can almost see a fire of anger from a driver. You can see their hands flaring in a state of anger and being impatient.

I'm sure they are completely oblivious to their condition. They are just responding automatically without any self-control.

Try this every time you drive. Once you begin to feel this wondrous effect while driving slowly begin to consciously meditate during other activities in your day.

For example, do this while someone is talking. Listen truly to what the other person is saying and at the same time follow your breath. At some point, you will fill the stillness and at the same time, you will truly listen to what the other person is saying.

This leads to incredible communication skills. The other person will know that you are truly listening to them. Most people don't truly listen and are thinking about what to say next while the other person is speaking. This leads to broken communication.

Need I saw our political environment is like that today. Nobody truly listens yet they only speak without truly thinking. It's more like an automatic response. Our current President does this on Twitter.

He tweets nonsense without going through true filters. Emotionally he is like a child and never grew up. Otherwise, he would never mock someone and call them names. That's for another topic. Need I say more?

The more you do this over time you will be filled with joy and happiness. The more in harmony you are with the universe the better your life will be. You will truly see and understand that happiness exists inside and nobody can take it away.

Your worldly desires will slowly fade away. Most important of all you will let go of all negative emotions. They don't serve you at all. They harm your mind and body.

You may be angry at some person who wrongs you 20 years ago. They have forgotten the incident. Yet you still hold on to it for dear life. Meditation and the power to forgive will dissipate this anger.

These are just a few things to ponder over and try. Mystics have talked about this for thousands of years. Now is the time for you to simply slowly embrace a new way of looking at life.

When I practiced Yoga in the seventies Yoga was almost unknown in America. You were out there if you practiced it. Today Yoga is truly practiced all over America. It has been mainstream for many years.

In the same way, the world is waking up from its slumber. What I'm saying will be mainstream someday soon. Millions of people are talking about the same thing and are changing their life for the better.

Chapter 9



Have you gotten yourself into a pattern where you wake up around 1:00 in the morning and can't go back to sleep? You are wide awake and restless. Well, this is a perfect time to close your eyes and concentrate on your breath.

Just relax and watch the sweetness of your breath. Don't struggle just watch and feel the love flowing through you. You may go back to sleep and then wake up again. Continue watching your breath. The more you do this over time the easier it gets.

When you begin to experience love inside of you try the following. Focus on your breath. Then spend time and focus on each chakra. See chapter 11. Start from the root chakra and work your way to the crown chakra. Take your time. Don't rush.

Imagine this system is always been there and yet we are oblivious to it. Our mentality is if I can't see it I don't believe it.

Well, you can see the air or see love but it does exist. This chakra system is a part of our being. It's as real as your physical body. You just can't see it.

You are hardwired to see God. By being aware of these chakras and paying attention to them you are consciously becoming aware of the mind, body, and soul connection.

One can heal yourself over time. You can let go of your emotional baggage. You can slowly change and become in harmony with the universe.

You can become more aware. You can learn how to take charge of your life and learn how to be a proactive human being.

Most of us live our lives like leaves blowing in the wind. We react to each circumstance without being aware. Our subconscious is running the show.

Many people think that sleep is a drag. They wish that they didn't have to sleep. They are oblivious not in synch with nature and the universe. Sleep is a time when the body can get rid of toxins from the day.

Scientist has discovered between 8:00 and 12:00 is the best time for the body to repair itself. Unfortunately, most of us are oblivious to this.

Every night while we sleep we tap into the source of life. This is how we recharge ourselves. It's like we have a battery inside that needs to be recharged every night. Much like our cell phones need to be recharged.

When we wake up from our dreams and can't fall asleep try this. If you don't want to do this then spend time forgiving all those people who have wronged you.

Forgive yourself. While you are doing this try to feel what part of the body this energy is stored in. You see your negative thoughts and emotions are stored in your human body.

We all are carrying boulders inside and we all feel the weight in ourselves. Forgiveness is the key to dropping our emotional baggage.

By concentrating on your chakras over time you release emotional baggage from the specific chakra you are focusing on.

This path is meant to be fun and full of adventures. As Bugs Bunny once said don't take life so seriously because you will never get out of it alive.

These are all tools that you can use daily. There are hundreds of tools that you can use to change for the better.

Most people don't like to change. We have been taught since birth that change is not good. We have been taught to fear change. We don't want to upset the apple cart.

Even when we live our lives in misery we don't want to change for the better. Our world has made us complacent and feels numb. Take a look at our media. It only projects the negative not the positive.

That is slowly beginning to change. Most broadcast news channels now present a small positive segment at the end of the newscast. Some have it every day while others might have it on a Friday.

If you just spent a little time each day and used these tools your life will change for the better. You are the company that you keep. If you just blow this off and say I don't need to change. I'm fine with yourself that your free will and free choice. Nobody is going to judge you.

All I'm saying is that you are hardwired to discover your true nature. You are the universe. You just don't know it.

Chapter 10



Imagine that for most of our lives we have been driven in a car with automatic transmission.

This means that the majority of the time our subconscious is driving the car. Our subconscious was developed between the ages of 0 to 7.

During that period all the good, bad, and ugly was directly going into our subconscious mind.

We are like leaves blowing in the wind. Whatever circumstances come our way we react accordingly. We have developed good habits and bad habits.

Our body is so entwined with our subconscious that we react without thinking. 98% of our actions are dictated by our subconscious.

The goal is to slowly reprogram ourselves. I have been a software engineer for thirty-five-plus years. During this time I realized that our lives have been programmed.

I learned that if I don't like some portion of my life I can go to the source code and change it for the better. I then can recompile the program and test it out.

Over time the bugs I see in life are fixed and I can see more clearly. This is an ever-going process.

We are constantly changing and morphing into discovering our true nature. We can't rest on our laurels. I remember once upon a time working at the Observatory in Maui.

I built a dome automation program. I was extremely proud of that fact. When it was done it was a Friday I thought they might give me a few days off. It was a huge success.

Well, Monday came along and it was business as usual. I got another project to work on.

In the same way every day we have lessons to learn. These lessons will never stop. Change will always occur. The entire universe changes for the better. Change is constant. Yet change leads to a greater understanding of ourselves and the universe.

We are all divine farmers. As farmers, we have internal weeds that need to be pulled on a moment-to-moment basis. The more we clear out the weeds the greater the understanding is that we are all one.

Consciously we are going from me to we. This is an exciting time to be alive. Never before in our entire history do we have such a grand opportunity for the world to transform.

Granted the world may seem messed up. It just looks that way. But imagine this the light of God is shining upon this land. It has been dark for ever so long. War has been around since the dawning of man.

Yet the Sun is rising in the sky. Soon it will be noon and the darkness will not exist. You see darkness is the absence of light.

Currently light is shining and the darkness has no place to hide. Look at our world today. So many things that have been swept under the carpet are being revealed today.

Look at the scandals in the Catholic church and the sexual harassment case being revealed.

The more we discover our true nature and take care of our inner garden the faster peace on earth will occur. Humanity once again will discover our true nature.

We are all tied together through the thread of love. Darkness has been around forever for so long.

We can do this. The ones in control don't want us to change. Yet humanity wants to live in love, peace, and compassion. We have been fighting for thousands of years and we have had enough of it.

Millions of people are waking up. Each one of us is custom built and has its particular way to go within.

We are learning how to be tolerant of each other. Every culture has a unique way to discover God within. My way is my way.

Your way is your way. Love is the thread that binds us together.

By removing our weeds we can see more clearly. We remove our mask of judgment toward others and can see the unity of all.

When this happens a huge celebration will occur throughout the universe. Man has gone from darkness to light. Man has gone from man to a truly divine human.

Man means mind human means divine mind. We have transcended all our negativity and left them behind for good.

A new dawning has occurred. The kingdom of heaven will be upon the earth.

Mark these words. It will take time yet the change is occurring. Millions of people are waking up from their slumber.

Chapter 11



Humanity is slowly learning how to go from darkness to light. We are learning how to go from me mentality to we mentality.

Millions of people are waking up from their slumber.

Human nature is about to change quite dramatically. We will look at this present era someday in the future and say what a dark age it was. Where was humanity coming from?

Well, it was a mixture of dark and light. It was predominantly dark.

People flame each other. The world is in disarray. I could go on for hours, Yet still, people are waking up from their slumber. A new dawning is occurring.

Can you imagine the changes that will occur when we transform from me to we. It means that bullies will no longer exist. It means that politicians will be elected by their state of kindness, love, and compassion.

A person who tries to run a negative campaign will no longer be elected. We will probably still have a two parties system but they will truly work together and get things done. We will pass laws that are beneficial for all not just the rich.

People will learn how to compromise with each other. When you can see through the eyes of the other person you can see both sides of the issue. Our whole society will change for the better.

Granted changes will be slow but all beneficial changes are slow. Yet over time, we will see incredible changes that have occurred. We will be most pleased with where the world is heading.

We will finally take care of the poor and homeless. New ideas will come out that the world will be properly fed. Finally, people will learn how to solve any problems.

The solutions are there and we have to think outside of the box. With man connecting directly to the source, the answers to many unsolvable problems in the past can now be solved.

Many incredible inventions will come out. With the dangers of war now obsolete inventions from the quantum world may come to fruition. These inventions could never occur presently due to the warring nature of man. Humanity will live to a grand old age.

The disease will be a thing of the past. Humanity will learn how to be in harmony with nature. Most of the diseases will soon perish from the earth. You see disease can't live in a being who is full of light.

The disease occurs in a being whose body and mind are unhealthy. This will take time and many adjustments must occur but this is where humanity is heading.

Never before in our history have we seen such an incredible human shift in awareness.

Consequently, with this new awareness, this kind of change will occur on this planet.

Our daily news will be focused on all the discoveries and positive changes that are occurring around the world. Every day something new and incredible is happening.

The world will be in constant amazement. Society will be amazed how quickly so many of the world's problems will disappear into the night.

Religious groups will honor and love each other. Many people will go and visit other religions and enjoy the meal by seeing different new food of thought being presented.

They will see how barbaric it was in the past that religions caused so many wars. Unity and tolerance will prevail throughout the land.

This is where humanity is heading towards. Many new ways of thought will occur that we don't have the vision to see or even think about. A huge global transformation will occur.

We are on the verge of becoming something so grand and magnificent. It would be a fairytale-like event yet it would be real.

Ponder this over. We are living in exciting times.

David Schweizer



Talk Story with David Schweizer



I just got up. It's 4:04: in the morning. I'm writing early because throughout the night my mind was going over what to say about David Schweizer. We have been friends for over 40 years. Well, I log in to my computer and there is a message from David. What a synchronicity?

I've known David when I lived in New York City. He lived in Hartford Connecticut. During the eighties, we both moved to South Miami. At some point, he starts making pyramid kits.

Around the same time, my wife starts building pyramid kits. They didn't know each other. Both of them at the time were studying with Ramtha. The only two individuals were building these kits.

Now David and my wife Barbara had a mutual friend in Castle Rock Arizona. Barbara went to visit Jim about 3 times. Each time Jim Maheu would say you just missed David and David Husson (another friend of mine).



Now David Schweizer, John Baier, and Harry Bartz introduced me to Mafu's tapes. My dear friend Catherine who I met at the Monroe Institute got a job working for Shirley MacLaine. Shirley was going on a nationwide tour and giving seminars. Well, they needed a computer programmer and I get the job.

I take a plane from Miami to Los Angeles. Then I got a ride to the office. I spent the day working and after work, they said we are going to a Mafu event.

Do you want to come? The rest is history. Isn't it amazing that in my channeling readings I was told that I would meet Mafu before Manu was on the scene?

Now David was visiting California for some time. He went to several events. I moved to the Pacific Palisades and we would take walks in the hills.

Now there was a pyramid project that David Schweizer was going to work on. Mafu called David "Hermes". Hermes was the main Architect in Egypt for building the Pyramids. Now I'm not saying David was Hermes.

Yet why did David start building pyramid kits? Does our DNA contain blueprints of who we were in the past? We are all stardust. We are the universe. We just think we are these funky human beings.



Well, David invites me to join this project. The project is located in Sedona Arizona. Wow, what an incredible place.

I take a plane from LAX to Phoenix. David and David are there. They said we are going to see Zoran tonight and

would you like to come. So now David has introduced me to both Mafu and Zoran.

Is there synchronicity going on? Anyway, I move to Sedona and we all share a house. Eventually, I move to this incredible trailer where my backyard is the creek. I have more details in this book but I met my future wife. She is going to rent my trailer for a while.

Both David and David met Barbara for the first time. There finally could put the pieces of the puzzle together. Who is this David? Who is Barbara?

Personally, David has a heart of gold. I think his IQ is off the chart. He is one of those who can do anything. There are several jobs he has worked on where you needed the training. Yet without the training, David comes in and performs.



David has had an active acupuncture practice in Miami for many years. He has been using lasers quite successfully in his practice. David studied for a while Zen Buddhism.

I think meditation helps in our daily life. Both my wife and I see David as a great example who brings heaven to earth. Frankly, I think that is the goal in life. If we all did that there would be heaven on earth. Meditation is not hocus pocus.

Harry Bartz



It's 2:13 in the morning. I've been sleeping and meditating for an hour. I was thinking and contemplating the web of life with Harry Bartz.

I first met Harry in LA in 1976 over 40 years ago. It wasn't until the late seventies did we come in contact with each other again. We both moved to South Florida in the late seventies. We were both involved with the same teacher.

At that time Harry was running a tree cutting business. It was a great business. There was always plenty of work. Harry hired me and we became good friends.



At that time windsurfing took off in America. Harry took up windsurfing. He invited me to his house and in his backyard, I learned how to windsurf.

I bought a board and it was love at first sight. John Baier and I were windsurfing buddies. During certain seasons the wind would howl and you would have the time of your life.

```

380 type(json_val,json_val)
381 //force the constraints to be stored independently
382 //before an eval, the order of the variables below
383 //is significant to avoid the unassigned float warning!
384 sequence
385 //for the linked list:
386 type(json_val,json_val) previous -- null()
387 type(json_val,json_val) next -- null()
388 type(json_val,json_val) parent -- null()
389 type(json_val,json_val) children -- null()
390 type(json_val,json_val) tail -- null()
391
392 variable name
393 characterkind-OK,len-1,allocatable -- none
394
395 //the data for this variable:
396 real(8),allocatable -- dbl_value
397 logical(4),allocatable -- log_value
398 characterkind-OK,len-1,allocatable -- str_value
399 integer(4),allocatable -- int_value
400
401 integer(4) :: var_type = json_unknown //variable type
402
403 integer(4),private :: n_children = 0 //number of children

```

I didn't see Harry for a while. One day I bumped into him and he told me he finished a year's course at the Computer Science Institute.

He took Basic, FORTRAN, and COBOL. I always knew I was going to be involved with Computers.

Even at a young age, I knew that. To make a long story short I'm still involved 35 years later.

So Harry was a catalyst. Here's the definition.

In chemistry, a substance that causes a chemical reaction to occur but is not itself involved in the reaction. Note: The term **catalyst** is often used to refer to the prime agent of any change: "She was the **catalyst** for the reorganization."

I find it fascinating that life's events help you to be at the right place and right time. Synchronicity was there. Harry gave me the impulse to enroll and start an incredible career.

Yet it doesn't stop there. Harry was one of the ones who told me about Mafu.



Fast forward a few years. Barbara and I moved into a house with Linda Graham.

Linda's ex-boyfriend was Donn Rochlin who in the future (25 years later) provided the music for my first poetry/music CD. It's featured on this site.

Yet guess who is living next door. Harry Bartz. Harry made a ton of money selling computers and moved to Sedona.



This was in 1987. In 1991 my family and I moved to Hawaii for 6 glorious years. I got a software engineering job at the Maui Space Surveillance Site.

My wife and daughter went to Maui and I went to Portland Oregon for a few weeks. I had a contracting job I was going to work on.

In Portland, I get a call from Harry and he tells me that Mafu was going to give a 3-day retreat in Ashland Oregon. He was teaching about ancient

Vedic meditation techniques. Now that's a subject I love and dear to my heart. So I went.



In 1999 I started working with Charles Schwab as a senior software engineer.

At that time our family was living in Penn Valley California. I was a telecommuter.

Now Penn Valley's internet connection wasn't very good. In fact, it was horrible. You had to use a modem.

So I started to look for a community that had a great internet connection and a great high school for my daughter.

Well, Ashland Oregon just recently installed the whole town with fiber optics. Ashland High was an incredible school for my daughter. Guess what Harry was still living there.

From 2000 to 2008 we spent a lot of time seeing Mafu. He liked me. When we first moved there one day he got off the stage and came up to me and gave me his initiation jacket.

This jacket he has worn for many of his imitations. I was honored. At that time I also was involved in a Mystery school and used that jacket for the initiations.



Many people, think that channeling was fake.

Well, I met and talked to Mafu many times.

We had a deep relationship. Like any relationship, you knew one another. Yet there were numerous times I saw Penny (who channels Mafu) and said Hello. She had no idea who I was. In fact, I think I spoke to her once when she was reading off the list of attendants for a seminar and said hi to each one.

One time I saw her and Rob Spinnler was with her. I said 'hi' and as I was walking away she whispered to Rob who that's. Rob said that's Richard Fletcher.

That really gave me a sign that I had a relationship with Mafu. How can you have a relationship with someone when you never interacted with them?

So it makes perfect sense for Penny to say who's that? We have never interacted before.

What I liked about his group that Mafu taught about kindness. He taught about compassion. He taught about meditating for the whole planet.

He taught universal truths. The universe is kind. That is its nature. Mafu is kind. That is his nature. As humans being our true nature is kindness. It is just covered up.

So here was a group practicing universal truths of love and compassion. It wasn't just words



Mafu was an incredible drummer. Imagine during the winter. It's snowing and you're on top of a mountain inside of an ashram.

It's nighttime and the wind is howling. Mafu is on stage beating these huge Japanese Taiko drums.

It's a site to see. At that time and place, you could be in some remote monastery on top of a mountain in the Himalayas at night.



Now back to Harry. As you can see Harry has had a tremendous impact on my life.

Harry is very kind. In Sedona, I had little to my name and Harry would treat me to lunch. Harry doesn't say much, like me at times. He doesn't preach. He just smiles.

He has nothing to prove. He loves to meditate. I know he is having a great experience but he doesn't talk about it. Yet you can see it from his eyes.

He is humble like that. He has served the Foundation for Meditative studies for over 25+ years.

I call him a few times each year. It is good to connect with a dear friend. Friendships are God's way to connect with him. Imagine we are the universe yet we have forgotten that fact.

Friendship is God's way of saying 'I love you'. Treasure your friends. We all have an aching soul that's trying to find its way home. Friendship help soothes the soul.

More Zoran friends

David Husson



Once again I believe in synchronicity or synchronicity believes in me.

As I was transcribing my first Zoran conversation I was at a point where Zoram and I were talking about David and David.

I received a Facebook message and it was from David Hudson. Mind you I haven't heard from David in 35 years. He liked the post that I did and commented. Synchronicity is all around us. I'm

going to do a zoom interview with David and catch up with his life.

It seems like today we are on the same wavelength in life

David and David Schweizer were best of friends. They were a kick to be around. I was David's roommate in Sedona and Phoenix for a short period.

David had a great sense of humor. He made me laugh. Recently after thirty years, I found him on Facebook. It was a delight to see what was going on in his life.



Talk Story with David Husson

Fletcher Soul Traveler • 2 views

Fletcher Soul Traveler

Yesterday, August 7th I did a zoom session with David. As I said we haven't talked in over 33 years. It was just like yesterday. We are on the same wavelength in life.

David spent 10 years working with Tony Robbins. He has grown tremendously over the years.

David has spent much time with the major thought leaders of our times. He is extremely grateful for that opportunity.

The conversation was supposed to be only 1 hour but it lasted for 2 hours. Both of us had an incredible time sharing our stories in life.

Jul 22, 2022, 9:56 PM

David replied to your story

Ty for sharing Richard. I've had similar experiences. Its special. Life has a lot to offer in the physical, but the spiritual side is profoundly greater. Great story.

Enter

Jul 23, 2022, 7:00 PM

You sent

Thanks David. We are on the same wave length. Long time no see.

Enter

Sun 4:50 PM

David

Enter

David

yes...too long 😎

Enter

Tue 7:32 PM

You sent

Talk about synchronicity. David. When you sent me this message I was transcribing a tape 35 years ago when I had my first saran session. He mentioned you and David Switzer.

Enter

You sent

If you want I would love to do a zoom interview with you. I have done over 25 so far including David. You have such an interesting life. I thought it would be great to capture it.

Enter

Tue 8:13 PM

David

Cynthia

What can I say about Cynthia? David Husson, David Schweizer, and I spent a month once in Cynthia's house. We all had a blast. Cynthia was a joy to be around. She loved our company. The whole group was on the same wavelength. I have nothing but fond memories of Cynthia. She opened her heart and house to us. I will never forget the great gesture.

Read the chapter coming up meeting Barbara. I was at Cynthia's house. I first saw Barbara walking down the stairs. 35 years later. Barbara still captivates my heart.

Mimi Greek



I could see why Mimi loves Zoran. Both of them were extremely wise and had incredible childlike hearts. They didn't take life seriously.

I don't mean to say that they don't have serious thoughts about the world. I'm saying that the world at large doesn't touch them.

Being innocent and open one discovers the jewel within. Curveballs may be thrown at them yet they have the knowledge to laugh at them.

Laughter is a grand medicine to take daily. Mimi knows how to laugh at life.

I first met Mimi around 35 years ago. She loves life. My wife and I think the world about her. She is kind and expresses her inner connection easily to the world.

There was a time when Shay Clayton and Mimi lived together. I have many great memories of the two.

Dragon Tales

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Books Kids- Dragon Tales

Zoran And Friends

I drew these characters from family and friends that I have. Each one of these has the characteristic of what is being portrayed.

Let's step back and see the major characters in the story. We know about Zoran. Zoran was the major reason why some of the dragons left with him. Zoran didn't

have a choice. He was booted out. That was the first time in history that a dragon got booted out.

There were Little Johnny and Ricky. They both left with Zoran and never turned back. They were both highly evolved and full of wisdom. They mostly keep to themselves.

To be honest they had a hard time relating to the Dragon culture. At times, they felt they were strangers in a strange land. They were both twins. Both of them knew that they came from the stars.

They love to fly at night together and gaze at the stars. They especially loved to stare at the Pleiades and Orion constellation. Somehow, they felt a deep connection to the seven sisters.

They both knew that the Pleiades went through major shift millions of years ago. They started out like the dragons with anger, war, and greed. It took over a million years for the civilization to transform, when it did it became a civilization one with the stars. No words can describe that.

Barbara was another incredible dragon. She was also very pure. Her mind was extremely developed. She would be considered a genius today. She thought out of the box.

Many of the dragons thought she was a stranger. She didn't belong in the dragon world. She had a heart of gold.

Barbara was beautiful. She was golden. If you had eyes to see you would see light shining from within. Only a few dragons could see her true nature and rays of light.

Most of the dragons didn't have eyes to see. Barbara was a trailblazer. She saw trails that were never walked on before.

There was another trailblazer Makara. Makara was a female dragon. She was highly developed and physic. Yet she had tremendous love and compassion. You see not all dragons were mean.

But she was a misfit. Dragons couldn't understand her. One of the dark will never understand the light. Makara and Barbara were best of friends. They talked about the time they created light grid systems millions of years before the universe even got created.

Einstein would have loved them, Of course, the rest of the dragon community couldn't relate to them Both of them would have been considered nerds today.

Their knowledge and wisdom level was a thousand times more than a person with a Ph.D. today.

Kathy was another female dragon. She was quite colorful. She had colors pink, orange, and red. She was extremely funny. She also knew how to put wood on the fire.

She was like a rebel today. She was definitely non-conforming to the dragon's world. An interesting fact while living in Hawaii my wife and I meet Kathy. She had dragon tattoos all over her body.

She also told my wife in a conversation that she came from the dragon world. Her husband drove a Charlie(motorcycle). Our society would say she was a rebel. She also had a heart of gold.

Shay was a male dragon. Little Ricky and Makara were his friends. Shay served in the warring factions of the dragons. He was quite fierce. You didn't want to face him in battle.

Despite this Shay had a yearning for the unknown. He was one of the first to learn how to meditate from Zoran. He couldn't tell anyone. Nobody back then even knew what meditation was.

If it was different and not the norm the best idea was to shut up and not say a thing. Some things never change. Shay was another dragon who yearn for the stars.

Both Zoran and Shay loved to fly at night and gaze at the stars. Both of them knew they came from the stars. They knew there was Stardust. It was quite odd but both of them had an affinity for the Pleiades.

At this time, hardly any dragons would look to the stars. They were too busy hoarding and fighting for gold.

David was another inquisitive dragon. He had a highly developed spiritual and scientific mind. He was highly evolved for a dragon. He somehow knew about the laws of the universe.

It became second nature to him. He had visions of creating pyramids long before his time. He was developing a new system of medicine for thousands of years before helping man discover it.

You see David helped in bringing Tai Chi, Chi Gong, the healing art, and acupuncture. He invented moxa. If the dragons got injured in battle he would put herbs on the wounds and lit them on fire using his fiery breath.

Thousands of years later he would introduce these healing systems to man.

Hanalee was another female dragon. She and little Johnny became great friends. Later in life they even became mates.

There was a famous folk song in the sixties that talked about Puff the magic dragon. They are mentioned in the land of Hanalee. Hannalee became a famous dragon and was well known throughout the land.

Two other dragons came along on this incredible journey. Aleai and Leilani. They were both stepsisters.

Aleia(of God) had a heart of gold. She stood up for others and stopped the bullying when she said it.

She called a spade a spade. She wouldn't allow it. Of course, the boy dragons were shocked. This beautiful young female dragon spoke with so much force and authority the boys stopped in their tracks and sheepishly walked away.

Over time the boys stopped their bullying. The lessons were learned. Aleia became a great teacher for both the dragons and man.

She lived for thousands of years. Aleia was enlightened at quite a young age. She is still known throughout China and Tibet yet she is known by another name.

Leilani was just four years older than Aleia. She had the same kind of nature. She also stood up for the less unfortunate. She believed in the unity of the dragons.

She knew that anger, war, and greed were tearing the dragon world apart. At a young age, she also yearned for the stars. She knew she was stardust.

She knew that the universe existed inside. At this point, she couldn't prove it, but she had the intuition. Leilani also became famous throughout China and Tibet. Her name means heavenly flower.

First Time Meeting Zoran



Richard, Makara and Barbara 1

Let me introduce Zoran. Zoran is an entity who is known in other dimensions as LOGOS. Logos on this planet came from the Greeks which means Word or Power. The Bible talks about LOGOS as the word.

In the beginning, was the word and the word was with God and the Word was God. Zoran was the personification of that word. The first time I meet him was in Phoenix AZ. A few of my friends saw him and said I might like to see him. They said he was different and like to teach with toys. Zoran is channeled by MAKARA.

When he comes into her body he takes over much live Mafu. Anyway, we arrive late to the hall and I see the program is started. From the loudspeaker, I hear a voice that sounds like Mafu. I am thrown for a loop and ask myself "why is Mafu tape being broadcasted through the sound system."

I sit down and see that this voice is Zoran. I loved the way Zoran was. His whole teaching was through games and laughter. He had all these stuffed toys that he would hand out.

At one part of the program, he started to pull out people from the audience. He pulled me out and gave me an orange ball. He then proceeded to ask each one of us what this toy means to us.

When he came to me he asked me about the orange ball he gave me. I told him that orange represented collagen the substance that ties the cells together. Without collagen, the cells would fall apart.

This ball represents the life force that keeps the entire universe together otherwise it would fall apart. He just laughed and blinked his eye and said a good answer. That night I was very intrigued by Zoran. I knew that we were best of friends and I wanted to talk to him personally. The following day a meeting was arranged.

The first part of the meeting was spent in laughter. People outside the room said it was like an auditorium of people laughing. There were only 3 of us. At one point Zoran said if I laugh anymore I will have to leave this physical body. It will cause damage to her body.

At this time the tone became more serious. I learned that I was a student of his on a planet called Nucleus. This school was learning about the ways to split open the atom using one's mind. This school was built on practical experience. It was truly a mystery school.

Makara and I were both students in this school. Zoran told me many wonderful things. We became really good friends. At all of the seminars, he would always call on me. I became a friend just like in the good old days.

I remember one day he asked me "What do you think about Women?" Well, I said that I want to solve the mystery. He said that someone special was going to happen and that very soon I would meet the woman of my dreams.

The next night I had a dream where I meet my future wife Barbara. A voice came to me and said when you meet this person you should get to know her. A month later I was staying at a friend's house when Barbara walks into the house. I recognize her at once. I played it quite cool because I knew that destiny would be played out. The rest is history.



Zoran taught me a lot of techniques for getting in touch with himself. His whole style was through laughter.

He said that laughter and joy create such a frequency that it just sinks in subconsciously. He had a great analogy that when you go to the bathroom you

don't inspect your stools.

He said so many people struggle to reach happiness. Life is not a struggle. Life is not a battle. Life is fun and humorous. I have never laughed as much as with Zoran. He taught me a new angle on life.

Space Ride –Zoran



One night in Sedona I was with three of my friends. We were outside looking at the stars in lawn chairs. It was early July and was a nice evening.

The sky was perfectly clear. There were thousands of stars in the sky. We were looking at a strange phenomenon

taking place.

We would see these streaks of light going vertical in the sky. Imagine a huge flashlight sending a flash of light from left to right across the sky. It would come in one-minute intervals. All of us were delighted in the show. We were making the same oohs and aahs when kids see fireworks.

During a lull, I notice three stars in the sky I never noticed before. These three stars formed a triangle in the sky. It looked like a pyramid. All of a sudden I felt myself being sucked out of my body. It was like this huge vacuum sucking me out and my body.

There was this tunnel of light and I was traveling inside of this tunnel. We have all seen on Star Trek The Next Generation the sensation of warp speed. This was the same kind of sensation that I felt.

The next thing I knew I saw this huge Mother Ship. This ship was so large that there were Mountains, oceans, and earth-like plants inside of this ship. I was greeted by a group of 12 beings. I recognized Zoran and Lord Michael. They took me on a tour of this ship.

The whole ship had a clear plastic-like substance which was the outer shell. Inside of this was the mountains. The main engine room was driven by energy itself.

They had the technology to convert energy itself to drive the whole ship. All electricity was generated by pure and perfect energy. There was no pollution whatsoever.

It's hard to put in words what I was going through and what I saw. It was so beautiful. These beings were so beautiful. They were friendly and extremely intelligent. Their technology was light years ahead of ours. At one point I was placed on this beautiful table.



Zoran, Lord Michael, and the rest of the 12 beings placed their hands on my body and started to send me brilliant colors of light.

My whole body was enveloped in a rainbow of light. This light was pure consciousness. It was alive and extremely blissful. I felt all the stress taken out of my body. It was an incredible ceremony taking place. No words were spoken. 12 incredible beings were performing an ancient ceremony on me.

I felt they once again reminded me that we all come to the same source of life. There is a universal consortium of beings who are called the white brotherhood whose mission is to transform this universe into something far beyond what we can imagine.

There are millions of humans alive on this planet who are part of this consortium. Before we were born we all decided to come down and help this planet earth. All the major religions know that something incredible is about to happen to this planet and the beings on this wonderful earth.

We are to usher in this era along with our friends. Our weapons are simply love itself. Love is the most powerful force in the universe. Our mission is to consciously change ourselves into being beings of love. Christ was a prime example of this.

We all have the same capacity. We just have to stop, look and listen to what going on. Here the most incredible event is taking place on this planet and we are asleep. We are too involved in little lives to stop for just one second and ask some basic questions.

Who am I.? What is the purpose of this life? Where is true happiness? I feel as a society we need to learn about tolerance, forgiveness, and being open-minded.

Each of us is so caught up in our mindset that we can't see that there is flowers on a beautiful garland called life. Isn't it so beautiful that we are so different yet all of us at the same time are so similar?

The breath of life is keeping us alive and we are unconscious of this fact. It's time to wake up and smell the roses. Each one of us is having the experience to remind us to wake up either conscious or subconscious. Even if you don't believe in any of this at all.



Imagine if this was all make-believe. There was a time when flying an airplane was make-believe. It is now a reality. There are millions of people on this planet whose prayers are to see peace on the planet.

In time this will have to happen. We just have to bring peace to ourselves. We have to know who we are. We are beings of love.

We have simply forgotten who we are. It is now time as a whole that we wake up. It's kind of funny the whole world wants peace and happiness. Yet there is so much misery and poverty and greed.

The love we have inside is boundless and endless. It is worth more than all the riches in the whole universe. Without we are nothing. I know I had many incredible experiences in my life. Many people are envious of them. Yet without love, they mean nothing.

It's like a body without breath. No life whatsoever. Our main mission is to be so filled with love that whatever we touch turns to love. What would happen to this planet if every citizen on this planet were experiencing such love?

We would have no conflict, war, or poverty on this planet. We would truly help each other out. We would truly know that humans are incredible beings.

Well, I came back and my friend knew that something incredible had happened to me. I told them just a fraction of what happened to me. It was still so personal that I didn't want to blab out or be arrogant.

Years later I felt the time was right to put the experience in words. This incident showed me that my friend beyond the stars was always looking after me and this planet.

I knew my days as a young child looking up at the stars were based upon an unconscious yet conscious connection with my friends. We are never alone. We have friends who are looking after us. Most of the time we don't know it.

Zoran Seminars



I find it quite fascinating that Zoran had healing seminars. It was out of this world. In the previous chapter, I mentioned going aboard the ship and having an initiation on board. 12 celestial beings place their hands on me.

During this seminar on Earth Zoan had 12 students place their hands on a person lying on a massage table.

Hands would be placed all over the participant's body. It was quite a healing experience for sure. Zoran had a fog machine which made the atmosphere much more celestial.

I just put two and two together after 35 years. Both initiations occurred. It seems like there is a thread of love tying us all

Meeting Barbara



After I had the dream about Barbara I just let it go for about a month. It was kind of strange but my daughter was the first one to meet Barbara.

One night I wasn't feeling too well my daughter went to a friend's house. At this house, my daughter met Barbara. It was kind of funny it was only two trailers away from me.

She was here from the Washington area. She felt in Arizona she was going to meet the man of her dreams.

She was planning to go to Egypt on a vacation but her intuition told her to go to Arizona.

She ended up in Sedona. A month later Chanda and I went to a one-day Zoran seminar. I spent the night at a good friend's house. Upon waking up the next morning I saw Barbara.

As soon I saw her I recognize her from my dreams. Immediately I thought of the conversation I had with Zoran. I just chuckled inside. I didn't say anything about my experience with her. Well, Barbara went back to Sedona and I stayed in

Phoenix. A few days later I get this phone call from Barbara. She wanted to know if she could rent my trailer in Sedona. I was planning to spend a month in Phoenix.

I said I think about it and I'll call you back. I called back the following day and said sure. A month later I went back to Sedona. I thought this should be very interesting. Barbara knew I was coming and decided to spend the night at her friend's house.

Well, the next day both Barbara and I met again. We talked the entire day and decided to go rent a video. We came back to the house and both of us laid down and started to watch the video. At mid-point, in the movie, I held her hand and both of us felt the incredible energy rush through us.

We were both complete. It was amazing how one touch can change a person's life. From that moment on we both knew something incredible was going to happen.

At that point in my life, I knew I wanted a satisfying relationship. I wanted another child and I wanted to be married again. Barbara told me she couldn't have children. She tried for 10 years with her former husband and couldn't conceive.

She went to fertility clinics and took the necessary treatments but nothing happened. I thought well having a mean full relationship might be enough. We spent the early winter in Sedona. On New Year's Eve, I had the Sai Baba dream.

The last thing I was told by Sai Baba was that I was going to move to San Diego. The next morning both of us awoke and we said to each other "where do you think we are going to move" both of us said, San Diego. That same night Barbara had a dream where she was told that we should move to San Diego.

Naval Special Warfare -Meeting Alien



I was working for the Navy as a computer programmer. One day I got off work and was walking downstairs from the main building I was working in.

All of a sudden this alien is behind me. He looks like a combination of a human and a reptilian. I had a little fear but I knew I would be all right. As soon as I reached the bottom of the stairs I saw the guard look right at me. I was thinking do you see what I see?

The alien was right at my side. I couldn't believe the guard didn't see him. I laughed to myself and walked out of the building. The alien continued to walk by my side until I got to my car.

I entered my car and the alien sat in the passenger seat. He drove with me about 10 miles.



To this day I wished I said something to him. I was still a little afraid not because he was an alien but because this incident caught me totally by surprise.

I remember looking at this alien in my car and I could see him smiling inside. He was friendly and at the same time full of wisdom. I knew I would be ok but at the same time, it was an Erie feeling that I saw an alien face to face.

It's strange in our society the vast majority of people know some beings exist from other planets or worlds and our government tries to suppress and downplay any activities about UFOs and aliens.

Some people might say it was a hallucination or a vision. I don't drink, take any drugs including medical drugs, get plenty of sleep, etc. This encounter was as real as any physical encounter with any human being I have faced. The only difference was this was an Alien.

For myself, I knew I had a wonderful encounter with an Alien from a different home than earth. The next time I think I will carry on a conversation and learn more about him.

A few months later I was with Zoran who claims to have a huge mother ship within our galaxy. He was taking my family for a walk in the Laguna Mountains outside of San Diego.

I had no idea where we were going. I had a picnic lunch with me. We probably walked for about an hour. All of a sudden Zoran stopped and with a smile, he said: "Do you see anything different about this place."

I looked around and at first glance, I thought about what you are talking about. All I see is just a forest. Then I started to see what was around me. All around us were a huge circle.

Inside of this circle the leaves, grass, and trees were burnt. I have heard stories about how when a UFO lands the surrounding area is burnt. I knew this wasn't

man-made or made by nature. It was obvious some craft had landed. It was kind of strange that Zoran took us on this walk and we just happen to end up here.

Micah



The following are excerpts from a conversation with Zoran. This was a wedding present. Barbara and my daughter Aleia were present. The date was May 20, 1990.

Richard - Could you please tell me about Micah?

Zoran - What desire you to know?

Richard - What do you know about the guy?

Zoran - what will be a more specific question?

Richard - Who is Micah?

Zoran -Who in terms of the whole?

Richard - The whole (yea)

Zoran- Let me see if I can give forth words. No, you what is called universal core. Essence indeed. There are some beings that direct specific energies at specific times. They are not confined to what is termed position in the hierarchy. This being is not confined. Does this make sense to you?

Richard - yeah

Zoran - It is beyond what you would normally think of as the whole - Like a radical

All - Laughter

Zoran- this being is allowed to move about and to do things that perhaps you might say this is against the rules. This is outside of what I've known, learn, or heard. What desires you from this being?

Richard- well that name has been coming to me a lot. I'm just trying to go to the mystery of it.

Zoran-Wondrous being Richard. Contemplate you that not all beings in this universe at this time not only came from this universe say I. Some come from essence beings that are not confined to what you consider to be the whole. Indeed. Now how do you think you are?

Richard- Probably that guy.

Zoran- Indeed. And it's radical. And it is not confined. That is why I say to you. Say a normal being walks through a gateway. If by going through a gateway the rules are set. You have come to an understanding within yourself, which is termed your growth. The rules are not set but only by you. See you/

Richard - Yes

Zoran- There is a troop of us here. See you.

All - laughter

Zoran- You know this thing already.

Richard-You mean the cosmic jokers?

Zoran-Well it's something like that. Know you they are the ones who bring about balance. Because of what is termed their freedom to move outside the rules. Beyond space-time.

Without a judgment or a thought of this or this is that. Indeed. The understanding is within the heart which is greater than either one. Do you use this name?

Richard-I uses it to me sometimes.

Zoran -and

Richard-I have been using this name for two years now.

Zoran-It is an important thing that you not only acknowledge here (pointing to my heart) but you have some say here (physically) that you acknowledge it to your senses. Understand.

Richard-Huh Huh

Zoran-Desire you Richard to speak what is termed the public.

Richard-Sometimes. I know I have a mission here.

Zoran- I'm asking this question for you to contemplate whether you desire to be what you call the front.

So you are seen. Or do you desire `to be from behind?

Richard-Well a lot of times I can be behind the scenes. I don't want to be famous. I have no need for that.

Zoran-This isn't about need. It is a matter of choice.

Richard-Well let's put it this way whatever I can do to help.

Zoran-I will say this thing to you. It is not that you have to do this thing yourself. You have the capability of creating a being to do that thing for you. It is a choice. However, some things would certainly be different if it was you. How many beings are going to channel you?

All-Laughter

Zoran-See you. It is a part of directing the truth. Understand. And that would be grand humor. But what is termed what I said to this wondrous being (pointer to my wife) this secret, this secret that you are present?

Know unless you want to share that. If it is not then the expression that comes forth will create havoc for you.

Richard-so what does it mean to go public?

Zoran-It means you are a love giver. Going public. Many things are changing as you know. A lot of what has been spoken before as the foundation that you and others laid are begging to come together.

There is what has been termed some confusion and what is called frustration from times past. All this time has passed and I have given up hope.

All-Laughter

Zoran-what do you do know? Do you look at it and say I could get burnt. Now you are more cautious of the picture. This is humor. Now what you have created you think will bite you. (Laughter) give you this thing teeth. Know you what you termed hobby. Recreation.

Richard- yes

Zoran-For you this thing of public, sharing your essence is recreation. That is true.

Richard-yes

Zoran - Feel you what is termed guilty. Indeed that it is recreation and so easy. So how do you rectify this thing Richard within side of yourself so there is no guilt?

Look around and see beings who have a lack of understanding, who are in pain, who are in poverty, who are all these things, and mostly in ignorance. And you have so much and so easy. See you.

Richard-Yes (softly)

Zoran-Number one you must let go of the guilt or when you touch it, it will bite. Understand. You must love here yourself (pointing to heart). And be in love with yourself and no other comes before.

If you don't it doesn't mean that you will not (within this whole that is here) It means that you are in honor of the being that you are.

You cannot maintain the balance within yourself or perform your service in your easement and your joy and your simplicity. Indeed if you do not do this thing for yourself.

Richard-yes

Zoran-I can skip across the planet because I can. That's it. Indeed

Richard - (Laughter) Indeed

Zoran-If I was to say to you this has nothing to do with earning this reward, earning this thing, this greatness. That happened a long time ago. Desire you another ceremony.

Richard-(Stopped for a moment and wondered what he was talking about. Then I remember the ceremony I had onboard his mother ship) Yes Yes Yes

Zoran-That is why I say to you very important it is up to you. You make the moves now. Think you can live what is termed your life and others can channel what is you're called your being.

It will all work out fine together. And be that this thing is occurring and you be more aware of this more and more. Know what happens to a being who is in a position to teach and that is not the greatest word. You go around pretending you don't know.

All-Laughter

Richard-Yes

Zoran-So what now are you going to do? You aren't satisfied with that. Be that the true.

Richard-Yes that's the truth.

Zoran-You must contemplate this thing. What are you willing to do for yourself? For your joy here.

Richard-Now let's say I did want to do this thing. What do I do?

Zoran-You mean where do I start?

Richard-Right

Zoran-You start from here (pointing towards the heart) and you start from the people who are close to you. Start with letting go and letting it be.

Simple. It doesn't require letting go of the other things that you have moving. Indeed. A being who is capable of stepping out of space-time, of making the rules

can certainly do more than one thing. And in all honesty, if you did not do more than one thing, you would be very upset with yourself and very bored.

All-Laughter

Zoran-Allot of the beings has not allowed the foundation support to be present. I am not just talking about funds. I am talking about people. The other beings who are meant to be there are not there.

Both of you should sit down and make a list of beings who come to mind. Make a list of what each being means to you. It does not mean that because a person is present in your life that they belong on this list. This list is those people which support you.

Honesty. Indeed. This is the only way you will have peace. I will say again the group of you shall do great things. Know those adventures that you see in your heart. Indeed those great expeditions. Those will be present. There are some things that are laid away. It will be one of those in search of adventures/

All-laughter

Barbara-A quest

Zoran-They are not a grand thing.

Barbara-That sounds like fun.

Zoran-There are a great many things to do. The public is beginning to come to a stage where they are awaking. They are asking for many things.

Many of those beings who were awakened and being awakened were discouraged. Many have fallen by the wayside. They don't have the courage and the energy to stand forth again.

It is up to you (group) to stand and talk to the public. In truth, it was always very few. Indeed. Let's put it this way God blesses those who have taken the job and taken all the dirt.

All-Laughter

Zoran-that would be grand. Is it not? That was a wise creation on all of your parts. See you it now indeed.

Richard-What is the relationship between Michael and Micah?

Zoran -Say you I this. It is for you to tell Michael. Understand. There is profound respect there. You must come to an understanding of your being.

It is like this being which is called earth which is a very small planet in a very large number of planets, indeed in a vast system of universes, you have not come from here.

Never ever think you have. Be it if you were to come forth to this being it would be like your being was honored. Understand. There is great love there. Know that all those beings who are familiar with the earth are very blessed with your presence.

They honor indeed that this radical group is here. It also means there have been great growths. I might say this as well. If there were this small thing that needed to be done and let's put it this way the gods that be, greater than you have contemplated God at this point. , decided that they wanted to directly check it out.

Do a little something. Do you have a good scenario of the situation? I notice that you look at your body, this body physically and you say look at this the hair is turning gray, there is a little flab over here, this and that. Would God choose this? Indeed.

This is not my picture of a vehicle that God would use and beyond what I have contemplated God. Know that it is perfect. Was it any other way it would not be in balance? It would not be even the smallest possibility of being seen here at all.

Understand. If it would be so different by standards here, and so obvious and so beautiful all would take away from it. Understand.

Barbara and Richard-Yes

Zoran-It would be a fearful thing, not a grand thing.

On Your Own Or I Get By With A Little Help From My Friends

Each of us had teachers who guided and molded our lives. The three teachers who molded my life were Maharaj Ji, Mafu, and Zoran. Each one of them gave me different kinds of insights.



I told you I first met Maharaj Ji in India. He was only 13 years old when I met him. Maharaj Ji as a person was incredible. He was very funny.

I remember being with him and hearing him tell one-line jokes one after another. I felt I was going to die from laughter. He was very bright as a boy. He was probably the most intelligent kid I knew yet at the same time he loved to play games.

He had a serious side and yet he loved to play. I only interacted personally with him for only a few years. I felt he was my best friend. Yet at the same time, he was my teacher. He motivated me and encouraged me to discover who I truly was.

It was so wonderful to have a teacher to assist you in your personal growth. I saw he was motivated by his mission. He had millions of people who were practicing meditation. His whole life was spent traveling around the world and helping others.

On one side I liked that Maharaj Ji wasn't a hermit. He married quite young, had a family, and was involved with the world. He was quite rich. Many people criticized him for having money but to this day it doesn't phase me.

I like the idea that we can create our dreams. This world isn't meant to escape. Each one of us has a different dream. I like the idea to see one man's dream is manifested.

It brought to me that I can create my happiness. I can create anything I want. It was beautiful to see that as a person he was growing. One thing I learned was that I was responsible for my own life.

Nobody would live it for me. Maharaj Ji simply advised on living your life. His talks were inspiring to hear. He inspired me to transform my whole life. Each one of us has to make effort for our transformation.

To this day I still use his mediation techniques. They opened my door to myself. Years later I'm still on the same path of self-discovery. It keeps on getting better.

Mafu was another profound teacher. Mafu is channeled by a beautiful lady name Ammaji. Mafu was radically different than Maharaj Ji. In the beginning, his meditations were guided meditations with a lot of imagery.

He brought in a lot of ancient wisdom from cultures all around the world and not of this world. His message was that we were in charge of our development. I learned about the power of thought and how to empower my own life.

His teaching was radically different. I learned a lot about my own emotions. When I was in his presence I felt like I was with my best friend. He treated us as equals. His goal was for each one of us to discover the way to come home.

Mafu was also incredibly funny. He had a great sense of humor. He was highly emotional. His wisdom touched me deeply. I learned some powerful prayers from him.

There were very touching. He brought me in touch with my love for God. Around four years ago he started to bring the old Vedic wisdom. He introduced a lot of old meditation techniques to get in touch with ourselves. This ancient wisdom was the foundation upon which India was built.

I haven't spent much time personally with Mafu but I consider him to be a good friend and teacher. I have gained much wisdom each time I have been in his audience. I had many profound experiences with his audience. I found a lot about my past through many visions.

The last time I saw Mafu was on his land in Oregon. I just happened to be on a business trip to Portland and I received a phone call from a dear friend Harry Bartz.

Harry told me that there was a 4-day retreat and why don't I come. A rental car was arranged for me so I drove four hours to the retreat site. I had a great time there.

The event was extremely organized. Mafu was sharing old Vedic meditation techniques with us. I remember the first time I walked into his temple I sat down with the group and I was a little embarrassed.

This huge rainbow stream of light came out of my being and filled the whole room. I felt a little awkward because I didn't want to be disrespectful. I didn't want to announce my presence. I had a wonderful time there.

I wrote Mafu a letter saying I wanted to move my family there. It never happened. I felt very fortunate to have the chance to have been there. I feel the work that Ammaji and Mafu are doing is very beneficial to this planet.

I could set in both of their audiences for hours. It is highly entertaining and at the same time most enlightening.

Zoran was another great teacher in my life. From the day I first met him we became good friends. Zoran is channeled by Makara. Zoran was different than both Mafu and Maharaj Ji. His whole teaching was through play and laughter. I learned more about my child's aspect of myself.

He also had great wisdom. Through his teachings, I had incredible meditation experiences. At times I felt my whole body would disintegrate into light. We went to Mexico together for one month. It was an incredible trip.

Both Zoran and Mafu taught me that we are masters of this life. A teacher guides us but we have to do the work. Zoran's philosophy was simple. His way to enlightenment was through ecstasy.

Mediation was a joy. Life was not a struggle. He taught truly to be in love with life. Zoran was the one who was my teacher in the past all the planet called Nucleus.

There I learned about the innermost secrets of energy. He was the one who was responsible for taking me on the tour of his ship which you already read about. A lot is going on that meets the eye.

Each one of these teachers taught me something unique about myself. I learned about emotions, meditation the power of thought. I learned so many incredible tools.

Each teacher respected me and I respected them. It is and will be a great learning experience. For some years now I have integrated the tools I have learned into my daily life. I respect all teachers from all walks of life.

We all are in this dance together. As Mafu puts it we are only strong as the weakest link. By making one of us strong we will become stronger. It's a new step in evolution.

Stargate'



Zoran has a mystery school on a planet called Nucleus. There they had a stargate which they use to learn about the quantum field.

They also taught the student how to go within. We have a stargate that exists inside each one of us. Unfortunately, it is

dormant.

This school was known throughout the universe. Celestial beings would come throughout the universe. They would come to study the quantum field.

The movie series SG1 was based upon these Stargates. We are still taking baby steps in the universe. There are civilizations out there that have been around for over 2 trillion years.

They conquered their warring mind a long time ago. We are still fighting one another. Therefore, at this point, we are completely barbaric.

Note this is not our true nature. There are simply clouds that are covering the Sun.

Fragments Of Truth



I must admit I've had many unusual and different experiences. I may be like Humpty Dumpty trying to put all the pieces together. Yet I realize that these are all fragments of the truth.

Even if I knew the entire story of our past and could recall it with memory, that would still be a fragment of the truth. I'm discovering that only by being in the moment can one understand one true essence.

Each one of us has such unique experiences to behold. Each one of us has a different and unique chemistry set. What works for you maybe won't work for you. What works for you maybe won't work for me.

I've been consciously trying to be aware of my true nature for over 50 years. You can see I'm inquisitive. I love to see the diversity of all.

Shay Clayton

I wrote this poem on 3-27-2017 for my friend Shay who passed away two years ago. Donn Rochlin did the music. Donn and Shay were tennis partners in Sedona.



Shay and his Mom 1

Pleasant Surprise

My dear friend Shay passed away two years ago.

We were friends for around 28 years.

We considered each other as spiritual brothers.

We were on the same path in life.

He died without me have the opportunity to say goodbye.

Recently I discovered some tapes that were recorded many moons ago.

I was having a reading and Shay was in the house.

Shay said that he thought there were many people in the room because of such laughter he never heard before.

When the channel was over only three people walked out of the room.

As I listened to the tape Zoran who was being channeled told me that I spent time on a planet called nucleus.

Nucleus was a university where people studied God directly.

Imagine being able to be the whole universe and be aware of it.

This was the nature of the studies at nucleus.

Anyway, during my early morning meditation, I decided to go to nucleus.

I closed my eyes and went into deep meditation.

After several moments the next thing I knew I was in a cosmic soup of light, love, and sound.

To my amazement, Shay appeared in the light.

You could say he was the light.

He had a simple message to deliver.

I'm more than ok.

Please send my love to all my family and friends.

It was so great to hear from my dear old friend.

Shay was saying something dear to my heart.

You are the universe and just don't know it.

Shay was in that state of oneness.

He was one with his creator.

He was home.

Zoran 5-2-87 side a



Note the first part of this conversation was not recorded due to the tape recorder malfunction. At times it is a common occurrence.

Zoran.

Let's have another go. Interesting that the

recording even works at all.

Richard.

Don't take it personally. It happens all the time. A lot of my readings don't come out.

Zoran.

The little one has the same problem at times.

What else do you need to know?

Richard.

I'm about ready to work with David Switzer and David Hudson.

Zoran.

What are you going to do with them?

Richard.

I'm going to help with the computers. I know I'm supposed to do some kind of work and it isn't computer work.

Zoran.

Indeed not.

Richard.

I feel I'm on the verge of a mission.

Zoran.

The mission is humor.

Zaran starts to laugh intensely. My friend Shay who was outside the door said it was like a whole auditorium was laughing. This went on for a few minutes.

Richard.

That's divine humor. You must admit this Earth is a very humorous place.

Zoran.

Indeed it is. The world needs to see this.

Richard.

When I came to see you a few days ago I saw a comedy in your work. Do you know Bob Hope?

Zaran.

Yes indeed!

Richard.

He is a comedian.

Zoran.

I have this name somewhere in the mind of the little one.

Richard.

The first time I came to your audience I saw that it was a comedy show. A comedy with meaning.

Zahrain.

Indeed! That's the whole purpose. When they listen to humor and ecstasy they don't listen to the rest of their being and it goes right in. I love it. The energy goes right in.

Richard.

Laughter raises the vibration. It is very contagious.

Zoran

Yes, it does. It's called an easement and it makes it light.

I'm going to address this in two parts. I get outrageous even when I hear the names of David and David.

There is no way to express this in the human body you can feel the entire universe goes into high laughter. There's no way to express it. Both of them have been mucking with a universe for quite some time.

Richard.

I'm quite aware of that.

Zoran.

We have this cosmic CIA. We have these missions in these ugly ships. I can't get past this. Intense laughter from Zoran again. This is beyond time. What do you do with this body to react to such humor?

There is something beyond David and David.

Richard.

I feel they are two cosmic Jokers from the universe. Laurel and Hardy from the universe. Intense laughter again. God's biggest mistake. More laughter again.

Zaran

Indeed.

Richard.

I just spent 2 days with them. Two days with Laurel and Hardy.

Zoran.

I'm going to have to leave this body if this continues. Intense laughter again.

Richard.

Do you want to get a good laugh? David and David asked me to ask you.

Zoran

They sent a messenger. More laughter. They want to start a moving business. They want to move household items from one place to another. They want to use a mothership to transfer all the items from a house to another state altogether. They want to move items from a house in Florida to Arizona in a few minutes

Zoran.

They have done that to entire cities. More intense laughter. They have mucked around with some structures of some planets. More intense laughter. At least they are in line with their God self.

Are they going to build this ship?

Richard.

No, they want to borrow yours.

Zaran.

I should do this.

Richard.

One thing they want is to arrange our ride with you.

Zoran.

On a ship indeed.

Richard

They just want to go to Kansas. I said why not go to the far reaches of the universe? You can go there in less than a second.

Zoran

And without a ship. What do you need a ship for? This is outrageous. This is beyond humor. This takes you to the God level and disintegrates the human body.

Richard.

I have another question.

Zoran.

Let's do that one.

.

Richard.

I know I have that unlimited power inside of me. That is who I am. I know what I can do. I know it theoretically but not practically.

. I want to become who I really am.

Zaran.

And what is your next step?

Richard

To understand who I really am. To practically become one with that power inside of me. To have my unconscious become conscious.

Zoran.

There's going to be a big brain fart here. Laughter.

Richard.

Or it could just be in joy.

Zoran.

What do you think? There is more to it than that.

Richard

There is more and more.

Zoran.

And it is like the Christ . And what happens after that?

Richard.

And there is probably more after that.

Zoran.

Indeed. There is even more. Now I'm going to give you a warning. Allow yourself to open up to the totality of your being. The universe will see an opening and see an onrush of energy.

Do you wish to do this thing called channeling?

Richard.

Sometimes I wish for this. I was channeling for a very short time. I was channeling Michael. Archangel Michael. I stopped. I stopped because I was consciously aware.

According to my understanding at that time I thought only if a person wasn't aware and conscious that was the proper way to channel. Since then I have changed my tune. There are many different ways to channel.

I don't want to have any part of my ego in the way. That's why I decided to stop the whole process. If I ever do channeling again I would like to step out of the way. I would watch the process without having the ego involved. Just to have this channel be pure.

Zoran.

Why not? Just have your ego dissolve in the totality of your being. Then you will be totally out of the way. That would be a great service to your being.

Understand.

Richard.

Yes, that's a good idea.

Zoran.

You. Begin to incorporate greater energies into your being. You bring in a whole group of incredible beings. Do that thing.

Will you allow that to happen? Is it a bargain?

Richard.

It's a bargain.

Zoran.

Outrageous. Indeed. This is going to be a lot of fun.

I will say this to you. Up there we have this plan to implement this. Unfortunately, some are called and they somehow aren't interested. They are not coming forward and that's all right.

We want to do this thing called a roadshow. Being on the stage at one time. There will be sharing with the audience. There will be plenty of laughter. There will be plenty of joy.

There is also a thing to do with sound. There will be a thing called a new song. This will be played from the stage. I think it would be appropriate to be an opening for a rock group. How do you feel about this?

Richard.

I like that sound changes a person's consciousness.

Zaran.

Indeed. This would be outrageous for everyone. This wouldn't be like a religion. This wouldn't be serious. God is in ecstasy. It's called bringing home the troops. Will you let go?

Richard.

I will let go. I will be part of your traveling mad show.

Zoran.

We are going to get started right away. We are going to start bugging your being.
Bargain.

Richard.

Bargain. You said it was a bargain that any time I wanted to go on your ship I could.

Zoran.

Indeed!

Richard.

Consciously.

.

Zoran.

Indeed. This is going to be outrageous. This will be a great coming together. Why are the gods in competition with one another? We should all be united.
We won't do it that way.

Richard, I

I was also thinking about it. There are so many brothers from the brotherhood who were manifesting here. I feel it is about time for all of us to unite together. We should recognize that. We are all here together.

Zoran.

There is another purpose to bring forth unity and the whole. There are other things to do. There is also to be brought upon Earth 184 of these things. They can be built on your earth in various locations.

We should also create a change in clothing. And there's something else. It is called world government.

This ultimately will create a new body. This body will go forward. Humanity will change when we change ourselves. Our divine energies will change others without them knowing it.

Richard.

By changing one atom we change all atoms.

.

Zoran.

Indeed. You would learn this on a planet called Nucleus. You had the incredible ability to see the mind's eye of the changing of the atom. You learned how to dematerialize and bring your body into another dimension altogether. You then could manifest into a different structure there.

Richard.

I always knew this. For years I have always known about this. I forgot how to get there. Maybe that's my only frustration in this life. I know I am unlimited but right now I am limited. The reason why is because I feel limited.

Zoran.

There is a group of you that are saying not yet. There is a part that is holding you back. This was important. Otherwise, you could just turn into light and not perform your mission here on earth. You'd need to revise the plan.

Richard.

Otherwise, I wouldn't perform my mission.

. Zoran.

There would be no purpose.

Richard.

I would simply do an exit stage, right? I know a person can be here and at the same time be everywhere in the universe and still be in a human body.

Zaran.

That is the truth. You want to experience it consciously. Outrageous! Be you.

Know that you have known as a cosmic. Johnny Carson.

Richard.

You aren't so bad yourself. Laughter.

Zoran.

There is a group of you who knows that they can laugh at the universe and the universe will laugh at them.

Richard.

I can see the humor behind everything.

Zoran.

Because you can see God behind everything. It is grand. We are going to start straight away. Understand you.

Richard.

Great. I'm ready for it. What about my friend Chrissy what is she all about? I'm trying to figure that one out.

Zoran.

What does your being want to do with her being? What do you think?

Richard.

Well, some people think we are soul mates. I'm not sure about that. Kind of confused about that whole thing. I just don't know.

Zoran.

And what is your confusion about that?

Richard.

Not sure what the confusion is. Let's put it this way. Relationships have been difficult so far. Especially in the last couple of years. Maybe I just don't want to open up to it right now.

Zoran.

Here's the other part. This person will push all of your buttons. Understand she would bring all of your fears. That's grand, isn't it?

Richard.

Yes.

Zoran.

Laugh your way through it.

Richard.

This is why my life has been such a rollercoaster. For a while, I was working for the Miami Beach Police. I was in charge of the computer system. My life was very stable. The next thing I knew everything blew apart.

Saran

Isn't that grand? That's the way it is. The universe does not work in a static state. And so you work following the universe. And then you can see that you're okay. Even the personality of your small being gets okay. I'm fine anyway. Then they become an outrageous joy because you know you are in the flow of all. You are working with the flow of the universe.

Richard.

Is this why I'm getting a hit to move to Sedona?

Saran

Yes. Do you know what will happen there? There will be more changes happening there and it will be very fast. There will be a lot of changes occurring there.

Richard.
And it just keeps on going.

Zoran.
And from there we should go on and do what the little one calls sharing. Wait till this one starts.

Richard
What's that going to be all about?

Zoran.
You might feel alone and yet never be alone. Not even in a shower or a potty. And then it is sort of like having someone who talks to you about every single thought. It is like into that.

You will do a lot of this work in front of people. And you will understand also that what has been called the ego never stands in your way. And there will only be this outrageous love for this outrageous creation. This is an outrageous stage here. This stage does not look like a normal stage. It has a ground, a sky. A moon and the sunshine. You are on stage,

When this light begins to shine here. Zoran pointed to my heart. That is when you let go. When you can see nothing that is not you will understand this.

And there is this thing called choice. You can laugh your way through enlightenment. You can struggle your way there. You can pound your way there. You can fight your way there. I think to laugh your way there.

Richard
I'm in the same boat as you are. I want to laugh my way there.

Zoran.
The ecstasy boat. I have considered buying what you called an 18-wheeler truck. You can put chairs and sofas in there. And have quite an adventure. That would be a great idea. I'm not sure they would let me drive it though. Laughter.

Think you can allow a being to come through you in a park or a hospital. You would then bring that incredible energy there.

Richard.
I could do that.

Zara.
That is what is needed here. It is kind of like no holds barred.

Richard
I'm kind of seeing that.
I think that is why I'm alive.

Zoran.
Indeed it is. Outrageous! Your choice. You'd need not come.

Richard.
I'm beginning to realize that. At the same time, I can help realize myself and help humanity.

Zoran.

You already know who you are. You have veils because if you 100% understood and experienced who you are, you would have left a long time ago. That wouldn't have surprised me either.

Richard.
What is the role of my twin brother?

Zoran.
What is the role?

Richard.
What kind of connection do we have? I feel very, very close.

Zoran.

There has been a lot of sharing. Let me talk about a couple. You had this little ship with your brother and two others. You commanded a ship that went throughout the universe.

John is one of them. He was of great assistance. And also there was this thing. You wanted to come into a physical body in this fashion. So there will never be a time where you feel separated This is why you are twins.

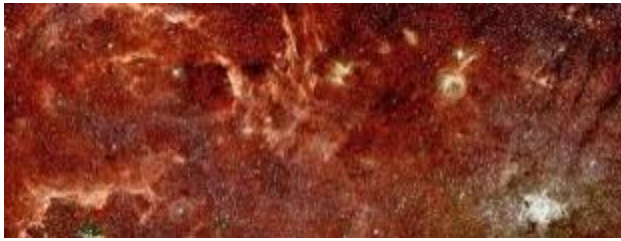
Richard.

Even when I was a kid I felt more connected to my brother than to my own family. With my brother, we had a lot of incredible communication going on which the world would not consider normal.

Zoran.

Wondrous it is.

Zoran 5-2-87 side a



Zoran.

Wonders indeed. I love this job. Zoran pats Richard on the back. Or going to like this job too.

Richard.
I'll find out. I think I will.

Zoran
Your body will start to heat up. Drink lots of water. When you feel like laying down lay down.

Richard
Was my friend Mark another one on board.

Zoran.
Yes.

Richard.
I figured. And the fourth one is Richard's thinking. Wasn't Geraldine. Wasn't Catherine.

Zoran.
Catherine, indeed.

See you already understand and have this knowledge.

Richard.
What was the reason that Catherine and I had a one-day marriage? It was quite funny. I got married on New Year's and the next day we got divorced. Laughter.

Zoran.

Isn't it grand? That is outrageous humor. Laughter.

Richard.

We were together on Alicon.

Zoran.

A lot of people would never allow that to happen. That is a wondrous thing about your being. It is what is called letting go of judgment. It is grand.

Richard.

I had visions of us being on Alarcon. I remember being on a red planet. My body was translucent. I had huge yellow eyes.

Zoran.

Gold.

Richard.

And Malidek. I have visions of being on Malidek flying on these huge birds. They had 20 ft wingspans. I was at a Mafu retreat and had this experience. And the lady next to me was my Mom on Malidek.

ZZoran

You see how it all fits together. Grand isn't it?

Richard.

I was also in the great pyramids with rotabin. Was that the last time I was here around 35,000 years ago?

Zoran.

Approximation.

Richard.

I feel that is a part of why I'm working with David and David. I was part of the transformational process in the great pyramid. I didn't have too much involved with the structure itself. But I was involved with the process inside the pyramid.

Zoran.

Exactly. That is why the little one is. Also here. There is a whole group of you understand.

Richard.

Who is the little one?

Zoran.

The little one is my car. I call her the little one. She is like unto a child. And that is grand also.

Richard

Do I know her?

Zoran.

Yes, you do. We are going to get back to David and David. She was also a commander. She was also in charge of many other decision-making policies. Some of these beans were outrageous like David and David. David and David had to report to her. They were disrespectful to her.

They would report to her and laugh at the stunts they did.

You are also on Nucleus together. You are also on the Pleiades a lot. Also on Saturn and Venus.

Richard.

That's why I know this person named Jamie.

Zoran.

Yes. All fits together.

Richard.

All fits together.

Zoran.

We have considered maybe going out and doing another one after this again.

Richard.

I think I will need a vacation.

Zoran.

That's what the little one said.

Richard.

Maybe 5,000 years.

Zoran.

That's still a drop in the bucket in time. It's going to be wondrous here. It's going to be a lot easier.

It's going to be easier if the lot of you embrace humor and laughter.

Richard.

Do you want to know something? Something I don't know one joke.

Zoran.

That's what makes it so hilarious. Laughter. You don't need any jokes. They're all in front of you.

Richard.

Many people say I'm so funny yet I don't know a single joke. I never memorize any jokes.

I know the phrase that bugs Bunny once said. Don't take life so seriously because you will never get out of it alive.

Another one is there is no gravity. The world sucks.

Zoran.

I have never heard that one before. I might have another brain fart.

What other questions do you have?

Richard.

Looking at the paper list. I need some money fast. I'm running out. I quit my job. I was working for Shirley MacLaine. That was a disaster. What do you say about that?

Zoran.

Was a grand learning experience.

Richard.

I learn that I can get what I want out of the most adverse environments.

Zoran.

Yes. What do you believe about money?

Richard.

Sometimes I am lazy.

Zoran.

What does that mean? Don't you want the money?

Richard.

If I do become the money then I will have the money. It will automatically come my way.

Zoran.

It will automatically come your way.

Richard.

David and David also wanted to know if we were going to have a meeting.

Zoran.

No, they haven't changed at all. They are still mocking about. What I said about this meeting was after they were going to meet with Mafu we would meet together.

Also, it's given them time to get a grip on themselves. I'm not too sure that has happened. If you know what I mean. I check out their beings and they are outrageous.

I can't believe this. We are going back to humor.

Richard.

I have a question about nemesis. What is the major nemesis I need to overcome?

Zoram

Why do you want to get rid of them? Why don't you just let them go?

Richard

That's even better.

Zoran.

It's like a body fart. You don't need to inspect your stools. You just go to the bathroom and then flush the toilet.

Richard.

I guess the best way is to laugh my way through it.

Zoran.

Yes. That is the easiest way.

Richard.
I need to embrace that way.

Zoran.
Yes, you shall have it.

Richard.
They had a question in my high school yearbook. What do you want to become? I said professional bum.

Zoran.
And you can't even do that.

Richard
And tonight I can sit down and board your craft

Zoran.
Yes. Allow yourself to know. Be cautious about what is happening at that time. Train your mind to expand before you do this. Be in the allowance of being conscious. Bargain.

Richard.
Bargain.

Zoran
What is your other question?

Richard.
What kind of role do we have?

Zoran
Do you mean living here? You will become these greater energies. Easy.

Richard.

Easy.

Zoran.

This has been the most. I have laughed since coming here. It has been an outrageous and incredible thing for my being to speak with you.

Richard.

May you laugh more and more.

Zoran,
it has been wondrous.

Richard.

Now the party has just begun.

Zoran,
Yes indeed. And it is going to get more outrageous. I'm going to teach you how to be unlimited in your humor and laughter.

Richard.

I have noticed that so many people get serious when it comes to spiritual matters.

Zoran
Yes, they do.

Richard.

That's why I love when you bring out the toys. I can totally relate to it.

Zoran.

Yes, it is incredible. And the other thing is curiosity. They can see the toys. They see it is not large and so the wisdom can come right within them easier.

Richard

So you plan to take this party everywhere?

Zoran.
Indeed.

Richard.
That would be great.

Zoran.
Everyone can relate to laughter. We will create an outrageous script. There will be much laughter in that.

We will change the script all the time so that you the unlimited beings can think outside of the box. And the rest of them will have to go along. Isn't that outrageous?

That would be grand. Even the performers can't go along with the script.

The performers can laugh along with the audience. Look what's happening to them. There will be nothing but the humor in the air. Outrageous.

Have you any other questions? Know that you leave here not alone. I said that so you would be conscious of that fact.

Richard.
And you said last night I was on board your ship. Why don't I remember?

Zoran.
Because you chose not to be. Know this thing called a sleeping bag. Look at it. He was talking about the human body.

Richard.
Looks at his body and laughs.

Zoran and Richard.
Both say conscious bag.

Richard

You said last night I went aboard your craft. You are a part of the white brotherhood.

Zoran.

Of course, I am. Again, great laughter. I can't believe you said that.

Richard.

And this is where the freedom fighters come in.

Zoran.

Again, laughter fills the room. Laughter for a few minutes. Wonderful being stands up and hug me.

Zoran 7-19-87 side a



Zoran.

I'm glad we are here Richard. My little one told me this time around to keep the laughter down

Richard

How are we going to do it? Laughter.

Zoran.

We will figure it out. Richard.

Richard.

We can do our silent laugh.

Zoran.

Yes.

Richard.

I came here for a checkup or tune-up.

Zoran.

Yes. Indeed.

Richard.

I came to the master mechanic.

Zoran

And what do you think a master mechanic will do?

Richard.

Change my spark plugs.
Actually, I do that to myself.

Zoran.
That is the truth.

Richard.
You are simply a reflection. A grand reflection.

Zoran.
That is the truth also.

Richard

Time for me to call Zoran My best friend.

Zoran.
Do you like those days on the ship?

Richard.
I love them. I want more of them.

Zoran.
How many do you want? Richard?

Richard.
Everyday. Every night.

Zoran.
Everyday. Every night.

Richard
During the daytime will be in this world. I will be completely absorbed in this world. Will do my mission as well. At night when I'm sleeping go aboard your ship.

Zoran.
It's a bargain.

Richard
I know I got dragged to Arizona.

Zoran.
Yes.

Richard
I know I have been waiting a long time to do my mission. I'm 34 years old now. I have been waiting a long time.

Zoran.
That isn't outrageously old.

Richard.
But it is when you know ever since you were born you had a mission. I have been waiting year after year.

I know my mission is to experience ecstasy. Yet I know I have something brought to go to new down here.

Zoran.
What do you think it is? Richard?

Richard.
It could be God's on parade.

Zoran.
Indeed. Now. Richard, we are already starting on this thing. He is talking about you having outrageous humor.

What are you going to do now?

Richard.
Be in ecstasy.

Zoran.
And how about the practical matters? What are you going to do?

Richard.
Look for a job. My job is to be ecstatic.

Zoran.
That is the truth. Do you think it would be good to have a job for a short period?

Richard.
No.

Zoran.
Not at all. Intense laughter again. Ah, Richard. You bring out outreaches humor.

What are you going to create? Richard?

Richard
That is what I want to find out.

Zoran,
what are you going to do about getting money?

Richard.
I want to embrace them so they will come to me. I feel if I embrace them they automatically will come to me. Instead of me going after them they will go after me.

Zoran.

And how do you embrace them?

Richard

To embrace them. They will then take care of me.

Zoran.

That is the truth.

Richard.

I figure by going inside I know by going inside and being aligned physically. Sometimes my energies are scattered.

One goes this way and one goes that way. When I am totally aligned I can declare from the Lord God of my being and instantly it will be there.

Zoran.

Yes indeed. How do you feel about this place called Sedona?

Richard

I like Sedona.

Zoran.

Do you wish to stay there?

Richard.

For a while. It's magical there.

Zoran.

Indeed it is. It can be a bit disturbing. Can it not?

Richard.

Yes, it can. I like Phoenix too. I have a lot of good friends here. But Sedona I can see your ship easy there.

Zoran
That is the truth.

Richard.
I can see three stars.

Zoran.
There will come a time when The troops will gather together. It will be here in Phoenix. Do you know why?

For the easement and simplicity. It is close to what you call transportation.

Richard
Like the airports. Time comes. I will move to Phoenix.

Zoran.
Indeed. Be that you are going to spend some time contemplating yourself. You are looking at your little ones. Eyes. Talking about my daughter Leilani. Remember where you came from. That would be smart.

Richard.
You are talking about my daughter Leilani.

Zoran
Indeed.

Richard.
What is our relationship? I know it is completely outrageous.

Zoran.
What do you think it is? What is it?

Richard.

I would say Leilani was with me on some other planet. She was probably one of my best. Best, friends.

Zoran.
That is the truth.

Richard.
Outrageous friend.

Zoran
She also came from the ship. Now The little one is an outrageous generator. She will bring unto you what is called stability. Outrages love. Acceptance of your being.

And you look at this little short body you will understand. Size is never important. That being large or small they are all the same. And they take the same amount of energy they are all healing.

Richard, you are in such an outrageous stage of growth. Do you know that?

Richard.
I know that.

Zoran.
I have another question for you.

Richard, what do you think about women on this planet? Man to man.

Richard
I like women but they are a mystery to me.

Zoran.
They are a mystery. What do you do a mystery, Richard?

Richard.
Solve the mystery.

Zoran.
And how do you think you will do that? Richard?

Richard.
By getting involved. That's what I've been trying to do. In every relationship, I'm learning more and more.

Zoran.
That is the truth. Richard, do you think these women are a lot like you?

Richard.
Probably some are and some aren't.

Zoran.
Richard I'm going to lose it on this one. Intense laughter again. I knew it was coming. This time the laughter was silent.

Richard, we must control this thing. Here is this thing. Women want to see a man who is a marshmallow and can show it.

Can you do this? Richard.

Richard
I think so.

I'm learning. I'm learning to express my emotions now. I think in the past three or four years I'm expressing my emotions.

I'm sad when I cry I cry but I'm happy. I'm happy. I'm not trying to suppress my emotions anymore. I'm feeling them in my life.

Zoran.

Indeed. It is time for you to express yourself with a woman.

Now, what are you going to do about this Richard? What are you looking for?

Richard.

I'm looking for someone. In the meantime, I'm working on myself. First, by loving myself I will attract a person who wants to be with me.

That's what I'm trying to do for the last 6 months. At times I got sidetracked. The number one thing is to love me.

Zoran

That is the truth.

Richard.

I know automatically by loving myself I will pull someone in. They will be a reflection of me. What can you say about that?

Zoran.

I say this. What is the color of her hair?

Richard

Black.

Zoran.

Is that what you want? Richard?

Richard.

I don't care about the color of the hair.

Zoran,

How are you going to create a being in your space?

Richard

It is up to me to create exactly what I want.

Zoran

That would be wonderful. Richard

Richard.

If I created it then somehow it will manifest. If I pray from the Lord God of my being, it will manifest.

Zoran

Yes.

Richard.

I can go with that totally. I will go with that totally.

Zoran.

That would be a great plan. And what wish you this being express? In other words, be a being who is in sovereignty and understands this thing called equality.

She would have an outrageous large heart she would also love to do service along with you.

Richard

I would love that.

Zoran

You must write them down. Richard.

Richard

I will.

Zoran

How do you expect to obtain something without writing it down?

Richard

I never thought of that.

Zoran

That would be a wise thing to do. Do you that thing?

Richard.

Do you have someone in the plan for me?

Zoran.

Indeed. Do you that thing? Richard and see what happens.

Richard

Can you manifest that tomorrow?

Zoran

Can you be open tomorrow? Can you allow it?

Richard

Right now I'm ready for anything positive for my growth. I'm running towards it. I'm sure you are aware of that. I'm not stopping for anything right now.

Zoran.

And that would be my grand thing. Richard when all the muck falls. Let it fall. Don't look at it. Let it falls by the wayside. So what? How many eons have you been on this adventure?

Richard

Countless eons.

Zoran

I will tell you this. You have been fired before. Not the same thing as this one. And know you this also was a blessing.

Richard

I'm sure it was a grand blessing.

Zoran

Yes, it was. And now you have this wonderful time to yourself. Now how are you going to use your hands?

Richard

I'm going to use my hands to be a manifestation of my being.

Zoran

Keep going. Richard. I have outrageous talks with you. You bring outrageous, amusement.

Richard

These hands were meant to create something.

Zoran

Indeed.

Richard

And now I have to find something practical to create.

Zoran

And it would be good.

Richard

That's where service comes in. I'm still trying to find with my hands are to be used. What are the practical things I can do with them? Where my mission comes in.

Zoran

What about healing?

Richard

I could do that.

Zoran

What do you think happens? Richard, when you touch another being?

Richard

My energy gets absorbed into them

Zoran

Yes and also you teach yourself how to be loved with a touch and the other beings understand. Now when you are using your hands Begin to do this thing. When the energy flows out like a spiral you will see what happens.

You will do this thing.

Richard
Yes.

Zoran
Indeed.

Richard
Being drunk and joy.

Zoran
Yes.

Richard
I love the ecstasy.

Zoran
It's always there. Richard. You know that.

Richard
I'm noticing that. Even go through my emotions sadness and happiness. I notice behind that the ecstasy. So now I'm trying to connect to the ecstasy all the time.

Zoran
What do you think is happening to you? You're becoming so wise.

Richard
I'm letting go. I'm letting go of my feelings and my inhibitions. I'm waking up. I'm waking up pretty fast.

Zoran
That would be a truth also.

Richard
With a little help from my friends.

Zoran
And that was an agreement.

Richard
I certainly needed that. It was an incredible agreement.

Zoran
We have this incredible agreement. Before you came here we made this agreement.

Richard
And now we can speed up the clock.

Zoran
That is the truth.

Richard
My deal is the same. You can go as fast as you want.

Zoran
That would be true. Here is the other thing. Be prepared for all things to be thrown to the ground.

Richard
Grand.

Zoran
When it is down there it is not covering you up. And you become greater.

Richard
I can hardly wait to make it happen.

Then I can perform Perform my mission with ease.

Do you know your little one wants to go on a ride with me?

Zoran

I understand this thing. If the little one is conscious of being on the ship we might have a big problem.

Richard

I told her my duty would be to bring her back again.

Zoran

You are going to take responsibility?

Richard

Well well between you and me we would take that responsibility. I would have to tell her Makara made a commitment to Zoran. Zoran would never commit to this if we didn't do what we said. If both of us came through with our part of the bargain. When you make a deal like this you must come through with the bargain.

Zoran

You are outrageous. Do you know that?

Richard

I am a reflection of you.

Zoran

That would be the truth. Outrageous one.

Richard

And now I have to find the mystery of who you are. I'm going to realize that.

Zoran

The mystery of who I am.

Richard

I want to realize who you really are. I know you exist everywhere. I want to exist everywhere.

Zoran

Yes. Begin to focus here. Pointing toward the heart.

Richard

I'm learning that.

Zoran

You shall. It is a truth. This thing that is called time ignore it. It doesn't matter. Here's the other Amusing part. There is another share. Allow it to do it easily.

Here's the main thing for you coming here today. Richard. I speak to you a lot of the time. I'm pushing your energy into your meridians. Do you know that?

Richard

I can feel that.

Zoran

There are also what are called words here. Pull the plug. You will feel it here and it will come out. You know this since the end of time. No. Be very, very gentle with your being. And when the time comes, do the breathing allow the breathing to move. Bargain.

I will be laughing. You will think that so on has pulled your plug. Even your dumplings gets larger and larger.

Richard

Someday it will become the size of the universe.

Zoran

Indeed.

Richard

When will that happen?

Zoran

When do you want it to happen? Here's the thing about the weekend. Remember about the agreement book. Go back and look and change it.

Richard
Good idea.

Zoran
Grand idea. Wise idea.

Richard
Do you remember the last private that we did? If I just accelerated a little more I would have dematerialized.

Zoran
Indeed. A lot of you would have. It means you are gentle with your being. This should be done gradually. But you are indeed correct. Just a little bit faster and you would have left.

Richard
I know I can't force it.

Zoran
That is the truth. Here's another thing. Take this human body it begins to know and feel like you did this weekend. I can do this thing. And it is okay and it comes in a way that is natural way. And it will become very easy.

Richard
I feel that. My body feels like it's almost ready. It's almost like going surfing.

Zoran
Yes. Indeed. That is the truth.

Richard
My body used to love to go surfing. I would fall in love with the water and the waves. I feel absorbed in the ecstasy.

Zoran

And begin to vibrate at that. And there's this thing about using all the tools.

Richard

I need to do that more.

Zoran

This will assist your being.

So you still playing to live in Sedona a while.

Richard

Actually, to be honest, at this point I don't care. Sedona or Phoenix. Today I want to finalize what I am going to be doing.

Only one thing really matters. First of all two things. My daughter is coming next month. I want to spend time with her. Second, I want to find eyes where I am going to be. I know it is between two places. Sedona or Phoenix.

I want to go where I am needed and it is best for my development.

Zoran

You are doing this right now. You shall move to Phoenix.

Richard

Sedona or the summer and Phoenix from here on out.

Zoran

Do you know this? Richard, there is a lot of beings who are waiting for you. Nobody else just you.

That'd be the truth. When you walk before then they see it will be grand for them. They also form an agreement with you. You can't do it sitting on a mountain. A lot of them would have to be drugged. Know what I mean?

It's also a lot easier for the universe to give you a shove in your direction.

Richard

So am I going to be doing healing here?

Zoran

Begin to practice. Get some guinea pigs.

Richard

I'll do that. That's what you were doing a couple of days ago on board. Richard was talking about beans placing their hands on his body.

Zoran

Yes. Indeed. Laughter.

Richard

Laser lights.

Zoran 07-19-1987 side b



Richard.

The world is not big on imagination. That's what you told me to be aligned with my imagination.

Zoran.

Yes.

Richard I would love to do that.

Zoran.

And many other beans would love for you to do that.

It goes in both directions. And you are what I consider outrageous. Richard. In other words, you have no excuses. Laughter from Richard.

Richard

Now I feel a lot better than this than doing channeling. Michael. I love Michael. But I Don't want it to be a show. When Michael comes in times people want a circus act. I'm not in too a circus act.

Zoran

Yes. I understand how you feel. That would be wise for you. You must get what is called a handle on it. In other words, you will begin to say no. It's not for fun now. And you will trust your own wisdom.

Richard.

How's Michael doing with me?

Zoran.

Outrageous. Oranges humor.

Richard

What kind of relationship do I have with him?

Zoran.

You had a relationship that would be called caring. He has worked with you before.

You both volunteered to work with each other this time. And also that beings automatically handle what is called the blue ray. It makes it a lot easier when one is familiar with the Blu-ray.

Richard.

That is the experience I had in 1971. Correct?

Zoran.

Indeed.

Richard.

That was one of the most incredible experiences of my life. I want more of that.

Zoran

Command this experience unto you. You are outrageous. Do you know where Disneyland is?

Richard

California.

Zoran

Zoran points to my body.

Richard

Oh yes.

Zoran

It's inside of you.

Richard

That's what I call your seminars. Someday let's go to Disneyland.

Zoran

I plan to do so. I think I would have an outrageous time. There's also universal studio which is outrageous.

The little one got sick there in her stomach.

Richard

I'm learning the whole thing is an illusion.

Zoran

Here's the other part. Whatever is seen with the eyes can be created within.

I think it is time for another masquerade party.

Richard

That would be incredible. What should I dress as?

Zoran

Richard. You would have to make us up from scratch. I should give the little one this thought. I will give her thought about giving a masquerade party.

Don't try to force yourself into something that you are not able to do right now.

Richard

For the healing, I am ready for that.

Zoran

I understand that.

Richard

Are you going to give me assistance and techniques ?

Zoran

Of course I will.

Richard

I'm ready whenever you are. I'm ready right now.

Zoran

Are you saying you are ready to receive the techniques now?

Richard

I'm learning right now to gather wisdom moment by moment. And that comes from any assistance that comes my way. I will accept it and bring it into my being.

I can use my intuition and also knowledge from others.

Zoran

Indeed. And you are already open to this from your channel with Michael

Richard

Allow Michael's energy to come into me. It's getting comfortable now. I only do it when I want to. Once I let him in it is outrageous.

Zoran

There are others. I'm going to send them to you

His name is Thomas. He is what you would call a universal healer. You will be able to enter the physical body with your physical hands and create wholeness. That is called life.

Richard

I'm excited.

Zoran

Yes. I'm going to get started with you right away. I will send you some outrageous guinea pigs your way.

Sometimes when we do this thing called healing we push a button it seems like at times nothing is going on. And suddenly they realize they were being healed. Their wall was just falling. Don't judge it. Do you understand?

Richard

I understand. Whatever happens happens. The most important thing is that they heal themselves. We are only assisting in the process.

Zoran

You have this also. You have an outrageous ability to bargain. Do you know that?

Richard

Yes. I feel that I'm good at the bargaining table.

Zoran

You are quite good at it. Think about that one.

Richard

Probably because I am fair. I won't take advantage of people.

Zoran.

Yes. And when you do the bargaining where do you come from? Richard points towards his heart. Indeed.

Some beings have that wisdom. Let's put it this way you didn't have to come to this world.

Richard

It would be good for countries.

Zoran

Yes.

Richard

Someday.

Zoran

It might not before you think. Richard.

Richard

I'm getting excited. How about I ascend tomorrow?

Zoran

That would be grand.

Richard

Each day I could have sent and come back again. I could ascend and go aboard your ship at night and do whatever I want. During the day I would have my world responsibilities.

Zoran

Check your agreement book.

Richard

I will make a new agreement.

Zoran

Good idea. Stand up. I want to give you a hug.

Zoran gives me a long hug.

Richard, you are turning into light.

Richard

Yes.

Zoran

Even your dimples are turning into light.

Isn't that an amazement and wonderment? No matter what it looks like it still is light.

Richard

Yes. It blows my mind.

Zoran

Yes, put your mind on vacation.

Richard

I still have that thing in my pocket. Be out of your mind. And ecstasy is here.

So when am I going to meet this girl?

Zoran

Sit down and write about it. Richard. Put it down on paper. Close it up and put it away. Come only from love. You will see. I will be laughing. It is time.

Richard

I'm going to bring my daughter to see you. She should have a grand time.

Zoran

Yes, bring her. That would be a wise one.

Richard

I told her about the spaceships. Maybe you could take us on a ride.

Zoran

That would be fine. Can you bring your ship down physically

Zoran

I could. If I take you in a physical body you might have a hard time coming back. You might not want to come back.

Richard

Test me up. If it is a bargain I would have to do my part of the bargain.

Zoran

It is always free will. Always.

Richard

My free will is when I say something I try to follow through on it. When I say something I try to be committed to it. I try to do it. Sometimes the circumstances may change. That's where Free will comes in.

Zoran

Coming back to the girl. Focus on the gold. Zoran is pointing at my heart. Don't look outside. Look inside. Your mind is on vacation Richard.

One day I will get this laugh down and be able to laugh completely in the little one's body. You will have never heard quite a laugh like this before.

Richard

I should give you laughing lessons. I'm not so sure it would help.

Richard, when you see what is really going on It's going to take a few. Eons to digest the whole thing.

Richard

Yes. I'm beginning to realize that.

Zoran

That would be wondrous.

Richard

So I guess I'll move here in September. Maybe in August, I can scope out the area.

Zoran

And if you don't, I will start sending them to your doorstep.

That is the wondrous love that we share..

What other questions do you have?

Richard

Looking on paper. Oh, you know Catherine? A few days ago she had an experience in Virginia. She saw three stars in the sky. I said three stars. That is Zoran's mothership.

Isn't there 100,000 people more or less on the ship?

Zoran

At least.

Richard

It has a huge dome. It looks like there are huge mountains in there. I knew it. What am I going to tell Makara about going for a ride? Bargain.

Zoran.

Bargain.

Richard

When you bring me up on stage at times it is very confronting. I need to see what's going on side of me.

Zoran

The main reason Richard is the love that you have and who you are coming up there you gave to the others. That is why. It is not just for a show. You gave yourself to others.

Richard

I never thought it that way.

Zoran

You might as well own it. Some of them couldn't come up there. Some of them are not as focused as you are. You gave it to them Richard.

Think I am merely picking on you.

Richard

No. I know there is a reason. I know there is a purpose. Sometimes I don't have The vision to see. But I don't call it picking.

Zoran

What it is worth saying. Don't drive right away. Richard. I want you to be safe.

Richard

I'm going to have fun with this.

Zoran

Thank you, Richard.

Richard

Pretty soon I will be saying I love this job.

Zoran

Yes, you will.

Richard

Do you know something? I don't want an ordinary job for the rest of my life.

Zoran

Understand this thing.

Richard

You're not going to fire me.

Zoran

Of course not. One more huge hug before the end of the session.

Zoran May 20 1990 side a

Richard

Here's my family. Laughter.

Zoran
Look what you have created.

Barbara
Hi, .

Zoran
What a grand bean you are. Pointing towards Barbara.

Zoran Giving Barbara a hug.

Richard
Good pic. We did.

Barbara
I know that little voice in my head now.

Your eyes are

Richard
You were right zoran

Zoran
Looking at Barbara. Do you know how powerful tenderness can be?

Know that you have inside what is called a secret.

Your secret is tenderness. Your secret is for yourself. Your secret is sacred and special upon this planet.

Understand

Barbara
I know I can feel the energy.

Zoran
We're at not a necessary ingredient you would not be here.

Barbara
I feel it in nature a lot.

Zoran
It's a wondrous thing you have this body. It looks very small. No that the power that you are does not build from inside. The secret is for yourself. The secret is why you are here on this planet.

Drew not make the mistake of thinking you are a human. No you what I mean by this.

You have this wonders being here. Pointing towards Aaliyah.

She is like a star like yourself. Wonderous Little women. Has a bean. You have played Angel many times.

Know why children are so curious?

It doesn't mean something that naked puts there. Otherwise they would not land in this human body.

Barbara

That makes sense.
Laughter.

Zoran
Pointing to Richard. You aren't going to get me started with that laughter again.

Richard
Can you handle it?

Zoran
No you that you have this. Mark here. Pointing at my lips. It makes emotion when you laugh.

I have not left so much in this body being with you.

Richard
Maybe you should do more laughing.

Zoran
Wondrous being that you have so much humor means that have so much seriousness inside also.

Richard
I'm serious too.

Zoran
And what is your intensity

Richard

What's my intensity ?

Zoran
You use your intensity .

Richard, what have you done ?

Richard

I mean this dimension. I'm discovering myself.

Zoran
And what have you discovered?

Richard
But there's more discovery to go on

Zoran
Think that you have created more

Richard
Looks like there is always something new to discover.

Zoran
You are seeing things that are coming from your foundation.

Richard
There is always something new to manifest.

One thing I want to do is the brainwave stuff.

Zoran
And you want to do it yourself.

Richard
I want to do it to myself.

Everyone laughs.

Zoran
Who is praying are you working with?

Laughter.

Richard
Mine.

Zoran
And what does it look like?

That was my question.

Richard

I don't know I'm trying to find out.

Zoran
Did you give it a farm? No form. Patting Richard on the back.

Richard
Behind it it has no form.

Zoran
Sir Richard how far are you going to take this thing?

Richard

To the max

Zoran
How much? Incredible machinery. Do your day to do this?

Richard
I want to make it.

But it doesn't have to be that big. You can have them for cousin of the entire universe.

Zoran
Is this what you desire?

Richard

As long as makes me happy

Zoran
How much guarantee do you have that it will be used properly?

Richard
And if I use it I will use it right.

Zoran
It's a good thing that we are speaking.

Do you have the power to set the conditions to the universe?

Richard

Well, but that's why I come to you for a little bit of guidance

Zoran

Do you see your stepping into a gateway.

Richard

Yes indeed.

Zoran

And the rules change.

Richard

That's why going to the other side of the gateway I come for expert advice.

Zoran

Indeed. You have never been away from it. Zoran shrieks and laughter.

Richard

So this is why she won't have a meeting with you so you can

Yes we can be more out of a conscious level.

Zoran

You want a face-to-face man to man.

That is a grand thing. Creature creature.

Richard

You come so much in my dreams. Many times I am not aware of. I was but at a times not. Consequently, we need to do it this way.

Zoran

Wondrous being. Do you know those things that you work around?

Richard

Do I.

Zoran

You know their faces.

Richard

Yes and no.

Zoran

You do not see their faces?

Richard

Do you mean out here in this world?

Zoran

Indeed at work.

Richard

At work, yes.

Zoran

If you look closely and sense the energy you will see me. I am always there.

Do you understand?

Richard and Barbara

Laughter. Yes.

Zoran

What do you want something on your little screen?

Richard

That'd be great.

Zoran

Do you want a bleep on the screen?

Richard

Yes, I would like that. Message from zoran.

I think you have your picture

Coran

You want a picture?

Barbara

A mirror.

Zoran

Where are you Richard?

Where are you in your brain?

Richard

Well in my brain I am expanding and getting more and more creative.

Zoran

So you are taking on a new brain.

Richard

Yes. I believe it's possible to totally change the brain.

Zoran

Of course it's possible. Why do you think you need to use the same material?

Richard

That's a good question. So what do you suggest?

Zoran

I suggest that you look from another perspective. Play with - move it around in your brain from one area to another area.

Bargain

Richard

Bargain.

Zoran

Pay attention to your co-workers and your computers. Keep your mind open.

Do you want to sit down.

Tell me about

Richard - Could you please tell me about Micah?

Zoran - What desire you to know?

Richard - What do you know about the guy?

Zoran - what will be a more specific question?

Richard - Who is Micah?

Zoran -Who in terms of the whole?

Richard - The whole (yea)

Zoran- Let me see if I can give forth words. No, you what is called universal core. Essence indeed. There are some beings that direct specific energies at specific times. They are not confined to what is termed position in the hierarchy. This being is not confined. Does this make sense to you?

Richard - yeah

Zoran - It is beyond what you would normally think of as the whole - Like a radical

All - Laughter

Zoran- this being is allowed to move about and to do things that perhaps you might say this is against the rules. This is outside of what I've known, learn, or heard. What desires you from this being?

Richard- well that name has been coming to me a lot. I'm just trying to go to the mystery of it.

Zoran-Wondrous being Richard. Contemplate you that not all beings in this universe at this time not only came from this universe say I. Some come from essence beings that are not confined to what you consider to be the whole. Indeed. Now how do you think you are?

Richard- Probably that guy.

Zoran- Indeed. And it's radical. And it is not confined. That is why I say to you. Say a normal being walks through a gateway. If by going through a gateway the rules are set. You have come to an understanding within yourself, which is termed your growth. The rules are not set but only by you. See you/

Richard - Yes

Zoran- There is a troop of us here. See you.

All - laughter

Zoran- You know this thing already.

Richard-You mean the cosmic jokers?

Zoran-Well it's something like that. Know you they are the ones who bring about balance. Because of what is termed their freedom to move outside the rules. Beyond space-time.

Without a judgment or a thought of this or this is that. Indeed. The understanding is within the heart which is greater than either one. Do you use this name?

Richard-I uses it to me sometimes.

Zoran -and

Richard-I have been using this name for two years now.

Zoran-It is an important thing that you not only acknowledge here (pointing to my heart) but you have some say here (physically) that you acknowledge it to your senses. Understand.

Richard-Huh Huh

Zoran-Desire you Richard to speak what is termed the public.

Richard-Sometimes. I know I have a mission here.

Zoran- I'm asking this question for you to contemplate whether you desire to be what you call the front.

So you are seen. Or do you desire `to be from behind?

Richard-Well a lot of times I can be behind the scenes. I don't want to be famous. I have no need for that.

Zoran-This isn't about need. It is a matter of choice.

Richard-Well let's put it this way whatever I can do to help.

Zoran-I will say this thing to you. It is not that you have to do this thing yourself. You have the capability of creating a being to do that thing for you. It is a choice. However, some things would certainly be different if it was you. How many beings are going to channel you?

All-Laughter

Zoran-See you. It is a part of directing the truth. Understand. And that would be grand humor. But what is termed what I said to this wondrous being (pointer to my wife) this secret, this secret that you are present?

Know unless you want to share that. If it is not then the expression that comes forth will create havoc for you.

Richard-so what does it mean to go public?

Zoran-It means you are a love giver. Going public. Many things are changing as you know. A lot of what has been spoken before as the foundation that you and others laid are begging to come together.

There is what has been termed some confusion and what is called frustration from times past. All this time has passed and I have given up hope.

All-Laughter

Zoran-what do you do know? Do you look at it and say I could get burnt. Now you are more cautious of the picture. This is humor. Now what you have created you think will bite you. (Laughter) give you this thing teeth. Know you what you termed hobby. Recreation.

Richard- yes

Zoran-For you this thing of public, sharing your essence is recreation. That is true.

Richard-yes

Zoran - Feel you what is termed guilty. Indeed that it is recreation and so easy. So how do you rectify this thing Richard within side of yourself so there is no guilt?

Look around and see beings who have a lack of understanding, who are in pain, who are in poverty, who are all these things, and mostly in ignorance. And you have so much and so easy. See you.

Richard-Yes (softly)

Zoran-Number one you must let go of the guilt or when you touch it, it will bite. Understand. You must love here yourself (pointing to heart). And be in love with yourself and no other comes before.

If you don't it doesn't mean that you will not (within this whole that is here) It means that you are in honor of the being that you are.

You cannot maintain the balance within yourself or perform your service in your easement and your joy and your simplicity. Indeed if you do not do this thing for yourself.

Richard-yes

Zoran-I can skip across the planet because I can. That's it. Indeed

Richard - (Laughter) Indeed

Zoran-If I was to say to you this has nothing to do with earning this reward, earning this thing, this greatness. That happened a long time ago. Desire you another ceremony.

Richard-(Stopped for a moment and wondered what he was talking about. Then I remember the ceremony I had onboard his mother ship) Yes Yes Yes

Zoran-That is why I say to you very important it is up to you. You make the moves now. Think you can live what is termed your life and others can channel what is you're called your being.

It will all work out fine together. And be that this thing is occurring and you be more aware of this more and more. Know what happens to a being who is in a position to teach and that is not the greatest word. You go around pretending you don't know.

All-Laughter

Richard-Yes

Zoran-So what now are you going to do? You aren't satisfied with that. Be that the true.

Richard-Yes that's the truth.

Zoran-You must contemplate this thing. What are you willing to do for yourself? For your joy here.

Richard-Now let's say I did want to do this thing. What do I do?

Zoran-You mean where do I start?

Richard-Right

Zoran-You start from here (pointing towards the heart) and you start from the people who are close to you. Start with letting go and letting it be.

Simple. It doesn't require letting go of the other things that you have moving. Indeed. A being who is capable of stepping out of space-time, of making the rules can certainly do more than one thing. And in all honesty, if you did not do more than one thing, you would be very upset with yourself and very bored.

All-Laughter

Zoran-Allot of the beings has not allowed the foundation support to be present. I am not just talking about funds. I am talking about people. The other beings who are meant to be there are not there.

Both of you should sit down and make a list of beings who come to mind. Make a list of what each being means to you. It does not mean that because a person is present in your life that they belong on this list. This list is those people which support you.

Honesty. Indeed. This is the only way you will have peace. I will say again the group of you shall do great things. Know those adventures that you see in your heart. Indeed those great expeditions. Those will be present. There are some things that are laid away. It will be one of those in search of adventures/

All-laughter

Barbara-A quest

Zoran-They are not a grand thing.

Barbara-That sounds like fun.

Zoran-There are a great many things to do. The public is beginning to come to a stage where they are awaking. They are asking for many things.

Many of those beings who were awakened and being awakened were discouraged. Many have fallen by the wayside. They don't have the courage and the energy to stand forth again.

It is up to you (group) to stand and talk to the public. In truth, it was always very few. Indeed. Let's put it this way God blesses those who have taken the job and taken all the dirt.

All-Laughter

Zoran-that would be grand. Is it not? That was a wise creation on all of your parts. See you it now indeed.

Richard-What is the relationship between Michael and Micah?

Zoran -Say you I this. It is for you to tell Michael. Understand. There is profound respect there. You must come to an understanding of your being.

It is like this being which is called earth which is a very small planet in a very large number of planets, indeed in a vast system of universes, you have not come from here.

Never ever think you have. Be it if you were to come forth to this being it would be like your being was honored. Understand. There is great love there. Know that all those beings who are familiar with the earth are very blessed with your presence.

They honor indeed that this radical group is here. It also means there have been great growths. I might say this as well. If there were this small thing that needed to be done and let's put it this way the gods that be, greater than you have contemplated God at this point. , decided that they wanted to directly check it out.

Do a little something. Do you have a good scenario of the situation? I notice that you look at your body, this body physically and you say look at this the hair is turning gray, there is a little flab over here, this and that. Would God choose this? Indeed.

This is not my picture of a vehicle that God would use and beyond what I have contemplated God. Know that it is perfect. Was it any other way it would not be in balance? It would not be even the smallest possibility of being seen here at all.

Understand. If it would be so different by standards here, and so obvious and so beautiful all would take away from it. Understand.

Barbara and Richard-Yes

Zoran-It would be a fearful thing, not a grand thing.

[Zoran May 20 1990 side b](#)

Zoran

Make a list of both of you things that come to your mind and put it down on paper.

As you go down this list write out to the side what these beings mean to you.

Now this does not mean that just because a being is present in your life does it mean they should be on this list?

I will say again the group of you shall do great things.

Know those adventures you perceive in your heart. Indeed those great expeditions. Those will be present in your life

Some things have been hidden away.

It will be one of those searches of episodes.

Laughter.

Barbara
A quest.

Laughter from all.

There are a great many things to do. You will eventually come out to the public and assist them in their awakening.

They are asking for many things. And many of those beings were awakening and became discouraged. So they fell by the wayside.

They don't have the courage or the energy to stand again. So it is the few that going to have to stand then speak to the public.

In truth, it was always just a few. And let's put it this way many people have come to take off the burden of others. That would be grand. I'll take more.

That was a wise creation on all your part. See it now indeed.

Richard
Yes.

Zoran
It was very frustrating

Richard
So what is the relationship between Michael and Michah?

Zoran
May I say this? It is for you to tell Michael. There is profound respect there. And you must come to an understanding of your being. This place is called

Earth's small planet, a large system of planets. Indeed. In a vast system of universes.

You have not come from here. Never ever think you have. Be it as you come forth to this being it would be like this being would be honored.

Understand?

Richard
Yes

Zoran
All those beings are very blessed to be in your presence. That is a radical group that you are a part of..

And I might just say this as well. The gods that you contemplate and the ones beyond your comprehension to this point they want to directly check it out.

They want to have a scenario of this situation here on earth.

Many of you look at your body in the mirror and say your hair is getting gray. I have a little flab on my stomach. And this is that and this is that.

Would God choose this? This is not a picture of what I think God would envision. And beyond what I have contemplated God.

Understand it is perfect. We're at any other way you would not be in balance. And it would not be even a possibility to be seen here.

Understand

Barbara
I think so.

Zoran
With these imperfections which they are not, The beauty would not be seen. All of that would have been taken away from them.
Understand.

It would be a fearful thing, not a grand thing.

Love is needed here.

Barbara

I love this planet. It is so beautiful and wondrous.

Zoran

Isn't it grand that what you perceive with your external eyes is the opposite of what exists?

Barbara

I know. I look out in California at nature and don't see the buildings and the houses The pollution in the cars.

Zoran

That would be grand.

Barbara

Oh, it's beautiful. .

Zoran

Do you see the pictures of the planet from afar from space?

The true color is the opposite. What you see you see it green and it is truly red.

Barbara

Wow.

Zoran

Understand.

Barbara

Okay I understand

Zoram

it is giving off what it is not.

That is the truth what you are seeing. With these eyes, you're taking in and their eyes translate to the opposite.

It is a wise thing to know.

The working world is coming forth you have a project that is moving forward.

What do you feel about this thing?

Richard

With my brother's project it would be great. I really hope that it happens. Here it is. I will be able to help this world. Barbara and I would be able to give money to organizations. That will help this planet.

Zoran

How about organizing results and giving money?

All laughter.

Zoran

How think you a powerful being like both of you create. It must come from here. Pointing to our hearts.

Now there are many wondrous projects. There are many expeditions and buildings to create. They will need funds. But you must start here in your heart.

Understand you.

Barbara

That's the only way to know right?

Zoran

It is not the only way to know if you are a leader, you cannot expect to come to you. You can't say yes. Yes, yes.

Barbara

Yes, you will never accomplish anything that way.

if you leave yourself out you will be very unhappy.

Richard

Yes. I realized that.

Zoran

A lot of beings find that purpose and meaning inside themselves.

It's about to be the case for you. You must give it to yourself

See the difference.

Richard

I definitely see the difference.

Barbara

About me, how would I know?

Zoran

I wouldn't know what to do. That's what you were asking

Wondrous woman, you have brought forth a wonders child. And yet there's an ache inside of your being to share and do other things. Why can't I do this? Why hide you?

Barbara

I just feel that I should at this point devote my time to her. It is so important to her.

Zoran

It is no more important than it is for you.

Barbara

I know.

Zoran

That is the truth.

This wondrous being here grows with contact with others and with experiences from others.

Barbara

Yes. I noticed that.

Zoran

See that as a grand thing. It will leave you to express parts of yourself.

Barbara

I noticed last night

Zoran

It is very important. And do not think that they can't learn marvelous things in that fashion.

They love it. And when they love it when they are small they have it forever. It is not taken from them.

The whole world will support her. All of them not just yourself. Imagine your freedom with this.

Barbara

Yes.

Zoran

And it frees you as well.

For the desire was in you, the gravity that you are cannot be confined to just this.

Barbara

I know.

I'm not sure. I'm still trying to discover all of me

Zoran

But you cannot do it by hiding.

Barbara

No.

I love people

Zoran
and they love you.

It is a tendency to hide it. It is your power. I will say it again. It is your power.

A lot of beings think the same. You see a being who is powerful and they are known. You say they are beautiful. They have all these wonderful qualities.

Barbara
How can I break that shift?

What I have been doing lately getting a sense to channel energies. I'm connecting inside.

Zoran
You are changing the meridians inside of you.

Barbara
I wasn't sure what I was doing.

Zoran
It is a great connection to the greater you.

Barbara
That's what I didn't name any energies. But I didn't want to limit it whatever it is. I didn't want to limit my concept. I just wanted it to allow it.

Zoran
What would it be if you gave it a name today and tomorrow you give it a different name?

Barbara
Laughter. Yes, that is true.

Zoran

And in that fashion, you can play with it.

Barbara

I love to play.

Zoran

And it is not such a serious affair. And in that, you will see. What is your power? You will see your creativity. That is by the name that you give it. It becomes changed in this fashion.

Barbara

How do I know the name?

Zoran

Pick one.

Barbara

Pick one. Really.

Zoran

A lot of you who come to my audience say this and I'm going to say just make it up.

Now the truth about making it up. You do that and automatically make it up. In the making-up process, you come to the truth of this.

So you will have names that come in and I don't recognize that one. I recognize that one. And you will have others not come and you feel that's a beautiful energy.

Barbara

I wondered because everyone seems to get specific names. Richard and Micah. A lot of people are coming up with names. I haven't gotten any since on this.

Zoran

Start with no names. Write it down. No names.

Barbara

No name. Okay.

Zoran
And then write down tenderness.

Barbara
Tenderness.

Zoran
And when you feel that from those words you follow that energy. And whatever comes you write it. It doesn't matter. If it is an emotion, write it down.

Bargain

Barbara
Bargain. Okay, that sounds great.

Zoran
With no name, you must understand yourself. Outside space-time name is not necessary.

Barbara
I have had that sense.

Zoran
Do you understand the concept of the void or even the concept of a black hole?

How do you give a name to this?

Barbara
A name would limit it.

Zoran
It has nothing to do with limiting it. You are that. It is speechless. It does not come forth into sound until the decision comes to create. Then comes forth the sound.

So you moved back into your essence and you say there is nothing here.
That would be grand.

Barbara

I remember being one with the source. I have a real sense of blending
without form or body.

Zoran

What you call the name here comes from a place where there is no sound
there.

Write yourself a story.

Barbara

I have had stories floating around in my head for a long time. They just
haven't gotten themselves on paper yet.

Zoran

Write them down. You will see me.

Richard

What can you tell us about Chanda, Aleia, Barbara, and I?

Zoran

What desire do you want to know?

Richard and Barbara

We're very curious about that.

Zoran

Let's see. What would be a value? With the past, it would not be of value
for now. This wondrous being Aleia has much to share with you.

It is freedom. It is not. She can't be of value to others it is not valued in the
past or the future together. You must understand that the energy that you
are has created a gateway. Do you understand?

It has nothing to do with drawing them from you because of something that
has happened. It is like this if you want to allow the universe in general and
you said all right. This being would love to have the opportunity to come

here. And being the God that you be you would see the greatest thing possible come forth.

It is not that you come from your mind and thought we have been there and done that together. It is not that at all.

Barbara

Okay. I got it. It is not what was. It is what it is now. The possibility of the opportunity.

Zoran

It is moving forward very quickly.

Barbara

Very quickly.

Zoran

The beings who are together are coming together now. They will no longer have a concern about the past. Understand.

It is the past letting go of what is not present.

Barbara

I've been trying to figure out that there is something I'm supposed to do. Trying to figure out exactly what it is.

Zoran

You must start here pointing toward the heart. Say you started with this. You have this secret tenderness inside. You will have someone who can share with the little one. Babysitter.

Then you could go out and spend time with some people and share. Take an hour or two to share. Understand so you can get in touch inside and express it to others.

I know it is difficult for you at times to picture your little one. You are in front of people and sharing and perhaps dancing or moving. You are having fun.

They have not understood the capabilities of tenderness.

Barbara

I really haven't understood what it means.

Zoran
You haven't wanted to. It's a secret.

Barbara
I have had that door closed for a long time.

Zoran
It's a secret you've been hiding even to yourself for some time.

Barbara
I felt it in my energy. I know it is there.

Zoran
That is what you must open. Know what it is called the observer. That is the part that watches.

Barber
Yes.

Zoran
Let that part be present.

Watch the energy move when you are speaking. When you are doing anything notice the tenderness inside.

Barbara
Okay. I haven't thought about it like that. I know how to do that.

Zoran
Know that tenderness moves slowly. If it moves fast it is not tenderness. Try doing Tai chi or Chi Gong. You want to do something slow in motion.

It would be a grand thing. Get a book from the library and just begin to do those moves.

Barbara
I will try that. We don't know too many people in our area.

Zoran

I understand this thing. There is a group that is not very large in this way but you have cut yourself off in this way. It was time to let go. Was it not?

Not the last thing to let go of is the guilt of being so easy.

Richard

Indeed. Laughter.

Zoran

How Is it Richard that you are so grand and yet you pretend you aren't?

It is all right. If you want it to be a secret. You don't have to tell everyone that is not the point. You must tell yourself.

There is a need for friends. You need to be foolish around others.

Barbara

We would like that. We need help finding some. We have great friends here.)We are in Phoenix Arizona)

Zoran

I understand this. There will be more traveling now.

Barbara

Great.

Zoran

There will be a lot of the group getting together. It is not something to get concerned about or worried about.

Barbara

So I don't have to be concerned about having someone watch Aleia?

She won't go through any trauma because of that

Zoran

She might cry initially. Sometimes children do cry about this.

Barber

I don't want her to develop insecurity.

Zoran

It would be more of insecurity not realizing the whole world supports her.

Barbara

Okay. That's what I wanted too.

Zoran

This is why you have set the foundation right. You have set up the foundation of love. There is no reason to think that she can't relate to others unless you hold her back. So the thought must change here. The thought must change in you.

She will be loved the same.

Barbara

I know she will be loved.

Zoran

Yes, that is a given.

Did you know the essence of Aleia is what the world aspires to be?

Barbara

She is a treasure.

Richard

So what do you recommend us to do in Del Mar?

Barbara

We're trying to figure out how to meet people. We're trying to figure out even how to begin.

Zoran

I first recommend being open. With that, you can meet anyone anywhere.

Richard

Whatever happened to this healing thing?

Zoran

What healing thing are you talking about?

Richard

A couple of years ago you told me about this thing.

You going to send me some guy. I forgot what his name was.

You ask me about my hands.

Zoran

You changed that. Laughter. Why do you desire to go back?

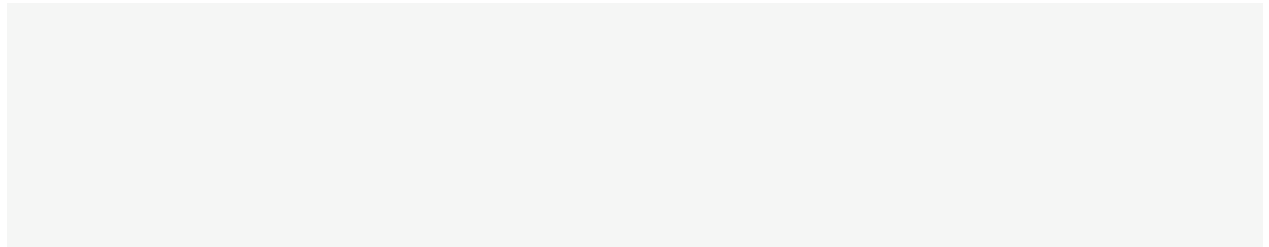
Richard

Well, forget about that laughter.

Zoran

So what do you desire now? Be what is term your whole being. All that will be automatic. It is good to do something with the body now.

I've spoken about movement. Do some massage with each other. Move the energies inside the body.



This is our first personal class with Zoran on the art of channeling. Mind you it is not very polished, but I'm proud of the results of the first session.

Zoran
Talking to Bakara

Let go of the fear.

Here is the other thing. Until you are really clear, you will have a mixture. Now, it appears like this. Bakara you were the one who challenged Makarato to do this channeling.

You were one of the only ones who helped her develop her talents.

You said unto her that Zoran doesn't know anything. That was a grand setup. You should pay attention more. Do you know what she learned?

She learned it does not matter. She has great wisdom also.

You have this wisdom. Isn't it amazing that there are beings like you who already have this wisdom?

You have an incredible amount of energy. for a being who is not physical to come into the physical body.

You must be patient. Each time you do this thing it will be easier.

Play with it. This is how you will grow. If one way does not work we will try another way.

Don't get confused about this. It's not your responsibility. Your responsibility is to be in love

Here's what the little one has learned to do. The state is called focus and concentration. No matter what is going on, the little one body is in a peaceful state. It is a command from her being.

She has learned this thing. No matter how much time has gone by she can always take that back

When it comes to fear, sadness, or being angry doing this thing called gentleman will take it away.

Begin to do what is known to you as the real path. Things begin to fall in place.

I'm not talking a year from now. I'm talking about today. What can I do on this day?

I can do this and this and this. Simple. You don't get what is term way ahead of yourself.

So it's right here right now. And I say it the other thing. You become, but it's termed a magnet. The partnership of you and Michael are incredible magnets that help bring in the energies. These are a combination of energies of the two of you.

And they are special. That is the truth.

Michael must have your command to go ahead and do these things

You forget these things. They can't do anything without your permission.

Do you that thing?

Richard

I need to establish a greater relationship with him.

Zoran

That would be the truth.

Zoran to. Baccara

You want to do this machine thing. What kind of inspiration are you getting for this and where will the money come from?

When your channel be in a state of stillness and peace. See this glass of water here. If I move the glass, the glass of water will no longer be still.

Zoran toasted all of us with a glass of water and said to life.

I'm going to do what is in the term freat energies. Each one of you will receive in your body this energy

Richard
Sounds good to me.

Zoran
We shall see.

Richard
You can go full blast too.

Zoran
He is discussing that we should do the channeling on Friday. We don't have enough time today to do it.

I'm going to work with you I shall talk to the beings ahead that this should be a period of adjustment.

These other beings It's not that they don't know but they need help and assistance too.

There has to be a partnership here.

It requires more of their energies than it requires of yours

Your body shall align with these greater energies. That is another gift that you get from channeling.

As much as you bring in, your body begins to adjust to greatness

Richard
What do you have in store for us for this? Channeling

Zoran
You can help channel in seminars.

What do you think we're going to do?

We're going to channel more beings at the same time. This is what we are considering as an outline for future events.

That we are all doing the same process at the same time. Now I do not mean the same words. It would be that we have just followed the same outline. Can you allow Michael through you to do this?

Can you do that thing? Richard?

Everyone is still learning that process. You all need practice.

You just need guinea pigs. Richard and Bakara, you can both help each other in the process.

A person can change their mind at any moment.

Always try to feel the joy inside.

This will be outrageous.

We will set up a time for Friday.

Let go of your fears. Let go of all your doubts.

Zoran to Richard.
This has not been an easy time for you.

Richard
Laughs.

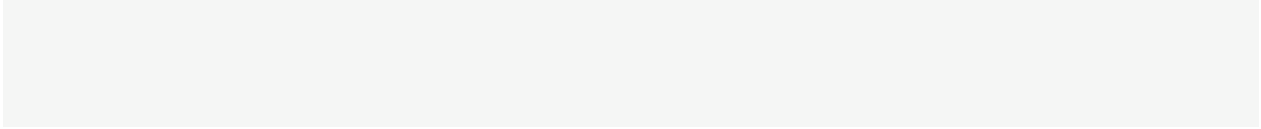
Zoran
You will someday in the future laugh at what you went through and you will appreciate what you've learned here today.

Richard
Like the whole carpet got pulled underneath me.

Zoran
You need the carpet to be stable.

Richard
I know.

Zoran
I love this job.



Richard and Bakara side 1

This body is a wondrous thing. Now take your energies to what is termed the physical body. Know this thing called the physical field which is like water in a glass. Command it forth from your being.

And then you begin to.,let's try it this way to enlarge your energy. Let's do that.

Now. Let's do this. You'll be in an outrageous moment. You divide your body in half. Understand what I mean by divide. You divide down the center.

Richard Allow Michael to come forth.

Bakara Allow Mortar to come forth.

Bargain.

So where are you going to be Richard?

I will be patient. Take a few deep breaths. Relax and close your eyes.

Relax your face. Richard. There you go. You allow Michael to move the muscles.

Now you allow these wondrous beings to come in. And come forth into the body and take a large breath and excel their energies, enter into the body. And exhale even into the feet.

And you let go of the body indeed. And all the chakras become aligned and become a vortex. This vortex surrounds the whole body.

Let go of the muscles. Let the energy of the subtle beings relax into your body and let them move.

And now you allow the throat. Whatever adjustment needs to be made.

.

This being can speak however it chooses.

Both Richard and Barkara, you can hear their deep breathing.

How are you on this day? Michael?

Michael

Outrageous.

Zoran

Do you have any wisdom to share with Richard?

Michael

The main thing I can tell Richard is to relax. To let go. And simply incorporate my energies.

Zoran

Indeed.

Michael

He struggles too much at times.

Zoran

I understand this..

Michael

This is wise for you to help him. He can help himself but at times he doesn't think he can.

Zoran

And what is it? Do you think Richard needs to spend time just to settle into these energies and become familiar with them?

Michael

Yes. He needs help with the process. In actuality, he needs no help but just needs to learn the process.

Zoran

Here is what we are going to play we are going to show different ways to get out of the way.

Michael

Yes.

Zoran

And this is for his growth.

Michael

We made a contract a long time ago.

Zoran

Indeed

Michael

Now he's going to come through with his bargain

He can change but he knows he doesn't want to change the part of the bargain.

Zoran

What do you think about the processes for you coming here?

Michael

It seems like a different adventure. I can see why it takes subtle adjustments. At first, I wondered how you did it.

Zoran
It was a lesson.

What do you want to add here?

What's the name that you are going by on this day? Pointing towards Bakara.

Martyr
He needs to understand.

Zoran
What is the name you are coming in today?

Baccara
So is the name you wish to use.

Zoran
How do you feel about coming into this physical body?
You agreed to assist this one called Bakara.

So
Yes.

Zoran
What do you want to say to him?

So
(He is speaking so gently that it's hard to hear what he is saying.)

Zoran

Can you spend some time here in what we call sharing?

So

In one form or another.

Zoran

And what do you mean by when you say this in this way?

So

It seems that Bakara has many judgments on this matter.

Zoran

Take another breath and send the energy down into his body.

Do a little more.

I like it here

Michael

I like it here. At times it is crazy. But this is a wonderful place to be.

Zoran

It has a beautiful variety. There is a lot of humor here.

Michael

A lot of humor.

Now that we are here we can have a grand party.

Zoran

What do you think? If Richard uses his hands and his body for healing?

Michael

It's precisely What I want to do

Richard and I have recently made a bargain about this.

Once again he realized that indeed he made a bargain before he was here

I'm convincing him and he is convincing himself to do this great work.

This is why more or less we tricked him to come here.

Zoran

It only takes a small amount of time.

Michael

Yes. Now he is ready.

He needs full assistance.

Indeed

Zoran

He just needs assistance to get out of the way.

There is also this thing. There is a partnership.

Michael

Precisely.

Zoran

The two of you can share. You can share what is termed wisdom between Richard and you.

Michael

Precisely

Zoran

It's taking Richard some time to understand this thing.

Michael

That

That's what Richard and I have been talking about

See before Richard thought that I would come in only and he wouldn't have to do anything.

And I said no way Jose.

That's not the way to go. This is called sovereignty, a partnership.

Zoran

That would be the truth.

Appropriately at this time, it is a very appropriate way to do this.

Michael

Richard is gaining more and more wisdom every day.

Zoran

Do you want to walk around in this body?

Michael
Yes.

Zoran
You are using this body quite easily here.

Is there anything you wish or desire for Richard to do?

Michael
The main thing for Richard is to have confidence in himself.

He is letting go more and more every day.

First of all, he has to have faith that the energy that comes through will be exactly what is needed at the moment.

Zoran
Do you have any subtle signals that you give so? Richard can be more aware when you come?

That he gets another subtle thought. That is indeed different energy there.
Do you do this thing?

Michael
What do I do when Richard is channeling my energies into his being? He knows when I have come in. But he has to have more faith and trust in that. Inside he knows I am there. But he has that little flicker of doubt. But by practicing more and more that should go away.

Zoran
That is the truth.

Michael

Every day I tell him to go out and channel. He channels a few times to Cynthia. She is a good lady and has no judgments.

Zoran

Pointing to so.

Do you want to move around in this body?

S. O.

It's not necessary.

Zoran

I understand this. But maybe it is appropriate at this time.

Do you wish to move around at some point in time?

Michael

Speaking to So. How are you?

So

(Once again, I can't hear what he said.)

Zoran

And what do you want Bakara to do to assist you in your work here?

So

Acceptance.

Zoran

And acceptance of oneself.

So
Yes.

Zoran
And what do you wish to share in the service that you wish to do here?

So

I would term my energies.

Zoran
Would you call that being flexible?

So
Yes

Zoran
What do you do to assist him in this process?

Do you wish to come into this body more often?

Does Bakara know how to get out of the way?

So

Are you asking if Bakara would be willing to speak in public?

Zoran
Do you wish to assist Bakara in helping him with doing healings on others?

So

Once again can't quite hear what he is saying.

Zoran

Do you wish to share with Richard where you come from?

Michael

I have never been here before.

Zoran

Do you have any more messages to give to Bakara?

What about the group coming together

So

We shall travel?

Zoran

Yes.

So

Are you referring to some gatherings?

I still can't understand. He is speaking too lightly.

Zoran

What kind of adjustments does Barara need for you to come into his physical body?

Each human is an individual to some degree. Each person needs specific adjustments for a being to come in.

So

I had to wait in line to channel this one.

Zoran

It takes a little time to become. Greater adjustments are needed. It becomes easier to bring forth a greater amount of these beings.

Michael

Otherwise, I might blow Richards circuits.

Zoran

That is a possibility.

Michael

This is why I take my time. Little by little day by day.

Zoran

Yes.

Easement.

Michael

Yes.

Zoran

Do you wish to share what you want to do here?

Michael

I want everybody to know that they're sovereign beings. The beloved father lies inside of them and for them to realize that by becoming united once again with their father.

There's no difference between any being in this whole universe. We all are one. that everybody does part of the whole universe. We can communicate with each other. This is my work. This is your work. This is what I intend to do.

I want to go out in this world and tell people and show people that they don't need any help. All the help lies inside and we simply open the doors for them and they can discover who they are. It will be a surprise party you know.

This is a grand masquerade party. They will be in for a grand shock to see how beautiful they are.

I'm part of the white brother. I got Richard underneath my wings. He is more than willing to assist me.

Vice versa. We'll have a grand partnership.

.

Zoran

Do you wish to hold a toy here?

Maybe you would like a look.

Zoran is pointing towards the toy box. He is pointing towards elf.

This is quite amusing by the way. You come from another place another dimension and here we are playing with toys.

Michael

First time for everything.

But now everybody on this whole planet will be opened up to those greater energies. This is precisely what I want. Everybody will be open up to the channels.

Ecstasy will be upon this land.

Zoran
It is time.

Zoran 2. So
Are you getting used to this physical body?

Do you wish to stand up?

So
He stands up and Michael says good job.

I can't gather what he is saying yet. I'm using Google phone to translate and this is what it came up with.

Seems done. No matter with the super foundation of energy story, I'm trying to push through this body like last longest about the opportunity

Zoran
It will take some time.

Each time we do these conversations it will get easier and easier.

Michael
I should do this myself. I haven't thought of that. This is why you can help me too I have never done this before.

Zoran
Being in the physical body is different than being out of the physical body.

I will say sometimes that the little ones' physical body is not pleased when I channel. It is a fine line about how much energy you can put through without damaging the body. It must be appropriate at all times.

With the little one when I come into her body. She has a different perspective. Therefore, she has had times of difficulties in the transition.

Michael

So when she changed her mental attitude there would be no difference.

Zoran

So each time she gathers her equilibrium. I then slowly up the energy.

Michael

Wise trick.

Zoran

We are growing quickly here.

Michael

We shall have a grand time playing together here.

Zoran

Yes.

Richard and Bakara side 2

Is motor your last name?

So
Yes.

Zoran

I think that name is outrageous. Is that an ancient name?

Do you wish to express that name so Bakara can express that great master?

So

can't get what he is saying.

Zoran
That's fine.

Zoran asks a question, Michael, that the translator does not understand.

Michael
He needs some healing. I want to start my work as soon as possible. Do you have any suggestions?

You have been here longer than I have. Richard at times gets confused.

Zoran
You go out and tap a few beans on their shoulders and ask if they would like to speak to you.
That is what is needed.

Michael
I shall try that.

Zoran
Do you wish for Bakara to do the same?

So
Can't hear the audio.

Zoran

We can allow both of you to decide.

Ask Barara if it's okay if I go out and gather people so you can speak to them.

He has not recognized yet including Richard that it requires permission for both parties to do their job.

We can do a lot of things but we can't take away your free will.

Michael.

This is the conclusion that Richard is coming to. I can't do anything without his permission.

Zoran

Yes.

Michael

I allow his sovereignty. I will never do anything to anybody without their permission.

Once you give permission then I come through.

This is something that he is working on right now, but I know we're going to have a gram partnership for a while

Zoran

And here's what I'm going to do.

Do you wish to practice?

I'm going to get Katrina and ask her if she would come in.

Both of you can give a reading or conversation whatever you want to do.

This should be a blast.

Zoran leaves the room and goes to get Katrina/.

Michael

Katrina, long time no see. Do you remember me?

Kathrina

Indeed, I do greeting

Michael

I haven't seen you in a long time.

Michael
This is my friend so.

Zoran
His name is So on this day

Katrina
Welcome, So.

Zoran
Here's what I would like for you to do. Katrina.

You can sit down here. Ask them questions.

You are on the hotspot speaking to Katrina.

Katrina
I wish to know what direction to take for the center.

What are your feelings? Do we need to move forward quickly?

So.
Speaking too softly.

Katrina
Is this a group effort? Is this something that will become a group?

Michael
Good question. Tell me a little bit more. What do you intend to do? What is your purpose?

Katrina
To bring more light in the most direct way , the most efficient way. And easy.

Michael.
Do you wish to have a building?

Katrina
Yes.

Katrina

We need a place where we can do our work. We need a place to do our day-to-day business.

We need a place so we can hold classes and healing work.

Michael

Sounds incredible to me. Whatever it takes to get the job done do it.

Indeed we have all the help from this side but on your side, you need to do the physical manifestation and that takes work and effort. Use your intuition and from your intuition, you are never wrong

Katrina

Where can I best direct my energies?

Michael

Up on loving yourself.

Katrina

In this moment

So

Can't hear the audio.

Michael

So made a joke and we all laughed. Michael said where did he come from?

Zoran

They are still checking him out.

Michael

Yes.

Katrina

Okay, and do you have a response to that?

Michael.

My main thing is for you to dream outrageously. Whatever you dream can ultimately become. Dream precisely the detail you want and vision. Combine that with the group's energy and it will be outrageous.

This is mainly what I say use your intuition and your dreams and work towards your dreams and we will help and assist you when you will see that. What you get is exactly the manifestation of what you want inside

Katrina,
Thank you

I have a question. To increase the size of the group that we are currently in.

Michael

Well, when I was with Richard at the harmonics convergence I saw that you could easily take care of 60 people and that's more than double. With simply with more facilitators.

It will be easier to assist those people and with more and more people opening to different energies. With more channels, you'll be able to have seminars going on in more than one room.

Using the same process but a different mystification of the process. Each entity will be manifested in its way but the results would be the same

This doesn't have to be a channel. It can be a facilitator. They can do the same process. Remember the energies are the same.

Doesn't matter who it is but as a matter of where they're coming from and they're coming from the Lord God of their being the process is the same

Katrina
They will be channeling their higher selves. They will be channeling higher and greater energy.

Michael
Yes.

Katrina.
They will be speaking through their lineage so to speak.

Michael
Precisely

Precisely, as long as it comes from ecstasy, the results are of the same

Katrina

How many can we do of these at once?

Michael

Think outside of the box. You can do quite many at once.

As many as you think in unlimited terms. This is precisely this movement right now. It seems very small but it has the potential to explode like an atomic bomb with ecstasy and love in a matter of time.

All of humanity will be doing the same process in seminars. This is what we intend to do. Incorporate everybody on the face of this planet to realize that the God I am inside but it will take different forms.

Different avenues but most important of all are within you. Don't think small. Don't limit yourself. We on this side never live in unlimited thought and this is what we intend to relate to you.

That same power that exists in me exists inside of you. We're all a part of the beloved father within.

Katrina

I have a question for Mortar. Are you interested in expanding this to include the business world?

Zoran

You mean so.

So

Can't understand his answer.

Katrina

I still have the same question. I don't know exactly how to pinpoint it.

Michael

May I be of assistance in this area?

Katrina

Of course.

Be in touch with people who know the business background, backward and forwards. Those who've been in the business arena and who understand who they are.

From that standpoint, they can go into the business industry and practically give seminars. There are many as you know, different types of seminars in the business world which relate to the subject.

So simply developed a business program around this area. You will have an opening to an avenue to go into the business world

Katrina

So we need people who are in the business world to come to their up to the plate”.

Michael

They need to understand the business world. Not necessarily who's in this spot right now, but who has been in that spot previously

Katrina

And how about our expansion?

Indeed and always helps to have some person who's in that area of expertise. Who knows that areas backward and forwards?

There's an opening in the door. It's very difficult to go into the business world when you don't know anything about business. They're going to say what are you doing here?

Katrina

That makes sense. I have a question about ways to expand the quality of the seminar. Even though we expand the number of people.

I wonder about the lighting. As we move around to different areas and countries. Is that going to change? Will it be simpler as we move into different cultures?

So

There will always be an elevation

Katrina

For instance, I just read recently something from Kenya. It's struck a cord inside of me. The culture there is very different from ours.

The people are the same yet they come from different cultures. I'm thinking about what we do now and what we need to do for the future.

So

Can't understand the audio.

Katrina

I have another question to ask about the facilitator program. Do you have anything to say about that?

And what that would look like

So

I would say addressing what is to come in the future are core buttons.

If you do not address these things. Don't ignore them.

Katrina

Yes, you are correct.

Michael

You might need a facilitator training center. People would come to learn and when they reach a point they can go out and facilitate various seminars.

The more a person is exposed to the seminars and the actual participants in the seminars the easier it is for them to go out and facilitate

Katrina

So it's important to convey the meaning of what it is to be a facilitator.

Michael

And also allow them to be a part of the process. Maybe the inner training center itself have a room with/

Each person has the opportunity to go out and give a process themselves but this will instill confidence inside them.

So when they go out on the road automatically the confidence will be there. It'll be very difficult for a person with no confidence to go on the road.

Without proper training, they will say how in the world can I do this?

It's nice to have an environment where a person can learn and be in comfortable surroundings without people judging him.

Once on the road, many people will go and say you're off the wall. Mister, I don't know what you're talking about

This is how I work with Richard. Slowly in the beginning, more and more energies are being pumped in.

Any more questions?

Katrina

Yes, I have a question. I want to be able to work with pokey better.

Michael

Simply develop a relationship with pokey. Know that pokey is your friend. It is exactly what you tell him to do. Pokey does not play any pranks. You may think he plays pranks, but you simply are not in tune with pokey

So establish a relationship with pokey and learn what pokey needs to do. To programs pokey, it's called reading the manual/

Katrina

That's what I'm trying to do.

Katrina speaking to So. Do you have anything you want to add to that?

So

Voice is mumbled

Zoran

Why do you think pokey is outside of yourself?

I also have another question.

Why don't you call this machine wisdom? Pouring towards Katrina's body.

Michael

Richard and Bakara tend to be rebels.

Katrina

What it says to me is that I can do this faster. I don't have time to do this and that.

Michael

Then change the name. Change it to what suits you and what resonates inside of being. By automatically changing yourself you'll have a different relationship with it

Automatically by changing the name that suits you then no longer will you be afraid of it. It will be your best friend.

Katrina
Good idea.

Michael
It's called getting the job done faster. That is what I intend to do.

So
Imagine it is called already done.

Michael.
Yes, precisely. Supercomputer.

Katrina
I see what there is to do but I don't have the time to do it all. And I don't want to do it all.

I want to do it all in my eyes.

Michael
You're doing an incredible job. I see the results. So much time and effort occur in the process.

It's meant to be simple with an easement and this is what happens. People go there and they have a grand time going through their emotions. They release their emotions.

This is the most important thing with the class. Release your emotions and release the cellular memory.

Katrina
I feel there are a lot of creative things that can be done

Michael
Yes.

But the more you do it automatically it will be done

So enter
Baccara and makara both
Not audible

You need to provide the basics in your classes.

Zoran

There's also this thing. It is pointing out the value of your being. It is important to let go of these things that are holding you back.

There are some things that others can't do, except only you can.

The key is to open up the door. Once you open up the door everything opens up. It is time to create another being to assist you.

Michael

You will look back in a very short time and would not believe your eyes of the change that will take place in your heart

But there the lessons keep on getting shorter. You're going to go through greater and greater and greater transformations.

Richard calls it the evolution revolution. I like that the word evolution but the revolution goes on in your heart

Zoran

Are you open to the idea that someday you will be giving your own seminars?

I understand that you have this fear. Someday you might go out on your own and do your own seminars. You can do this. You know this.

Always make this a joy. Do not hold yourself back.

Katrina

Sometimes I think I am alone.

Zoran

You are never alone. Why do you think that thing?

Michael

We are always with you.

Zoran

You are not alone in this. We will provide you with assistance..

Michael.

But you're never alone but you should have what you call your friends. Don't worry about that

Zoran

Answering question from Katrina about moving.

You should decide this shortly.

We see through many different lenses



During the time we are alive we see through many different lenses. I have both the audio and the written of my discussions with Zoran.

At that time I was having a lot of what you would call unique UFO experiences. They were in my mind I e. Y. E.

You will see that I asked Zoran numerous times to go aboard his ship. I'll be honest this happened to me a couple of times. Yet the main thing of our discussions at that time I didn't. Truly understand. In

Being aboard a ship I'll be honest. It's a great experience. I wouldn't trade it for anything yet. At some point in time, you have to come down to earth. You have to face the music.

Zoran told me I can go aboard his ship anytime I wanted. It took me over 35 years to understand what he was talking about.

A few years ago I was meditating and asked that question again. As clear as day I got the answer directly from Zoran. He was laughing and he told me this is the spaceship. Everywhere you walk is the spaceship. Everything you see is the spaceship. Everything you feel is the spaceship.

And I was transcribing these tapes. I saw I missed a huge portion of what he was telling me.

A few years back I wrote the book, family and friends. Somehow I know there is a thread of love tying us all together.

I have been fortunate in my life to realize many of my friends are from the other side.

Many people may say they are imaginary friends. I'll take that as a compliment. You see even Einstein understood the power of imagination.

Zoran uses very simple language. I was amazed that he talked so little. His explanations were just a few sentences. A few days ago I talked to my friend Don Rocklin. We were both discussing how powerful less is more.

When I was transcribing these tapes I realize there was so much more going on than just the conversation.

We have a direct connection to the other side. Our ancestors, family, and friends are always with us.

This journey is all about going from darkness to light. Signposts are all around us. We just don't have the eyes to see.

I know I don't have a complete and simple understanding of what Zoran gave me back then. I have a greater friendship with him.

Never in my life have I walked into a room and instantaneously met a stranger and we completely hit it off right there.

It was like we were having a conversation yesterday. Mind you yesterday could have been thousands of years ago.

Relationships are the keys to life. We are all interconnected. These tapes brought me to a much deeper understanding of the meaning of family and friends.

To be honest, I don't know how much today in society. We completely understand that fact. Only during hard times and times of distress. Do we reach out and realize the significance?

Going back to these tapes. Is this only a fragment of your subconscious? Just think scientists know that the subconscious controls over 95% of our actions.

We only perform 5% of our actions from the subconscious mind.

Zoran realizes this fact. This is why he used toys and metaphors to directly program the subconscious mind.

He would advise people to go into their agreement book and change it accordingly to what they want.

He would instruct people to write it down. Digest it. Close the book and watch what happens.

Mind you, the seed takes time to germinate. Recently in my life seeds that were planted over 35 years ago are being germinated.

My understanding of Zoran's message is like a kindergartner back then. It would be a university student today.

I am so grateful for the wisdom given back then. Zoran was very patient with me. He knew exactly where I was. He gave helpful hints along the way.

I truly believe in compassion, patience come tolerance, humor, laughter, and love. I feel these are rays.

One can take a shower daily with these rays. They are as real as water. I even wrote a book about this called keys to life.

I realize the most important thing in life isn't your spiritual experiences. I won't downplay them, but they aren't as important as truly being a kind human being.

Zoran was always kind and full of laughter and humor. He was wise beyond words. How many people do you know who give a seminar as a toy chest on stage?

He was only around for a few years. I was with him for around 6 months.

Today our friendship is stronger than ever. I feel his presence and the presence of others integrated into my daily life.

If one thing I am learning is that Zoran taught me this whole world is a stage.

Don't get sucked up into the play.

Laugh add life. See the humor behind everything. Zoran told me if I want to see him e just look into the eyes of others.

Behind their eyes, I exist. Mario, I don't have this experience all the time.

I still have my baggage. Yet I am letting go of my baggage. These tapes showed me once again help valuable humor and laughter are in one's life.

I hope you take these words to heart. We are all interconnected. This life we have been given is such a grand story.

For some reason currently, stories are not in vogue. We currently love small snippets of information. Mind you I said information, not wisdom.

The world at large is sucking the energy from us. No wonder we are tired and frustrated with life.

This message is all about slowing down. It's all about going to the place inside of you where absolute silence exists.

This is your true nature barrier. I know many people refuse to believe or accept this.

Why do we love to embrace the chaos in this world?

Why do we love to have panic attacks? We say we don't want them but what do we do to prevent them?

One of my favorite metaphors is living in the center of a hurricane. Don't be like leaves scattered in the wind of the mind.

This is not just a metaphor. The mystics have been talking about this for thousands of years.

I hope you enjoy these conversations. They are extremely personal to me. I was hesitant to share them with the world. Yet they have such significant meaning to all of us today.

They are more relevant today than 35 years ago.

We are at the crevices that the world had large needs to wake up. I'm trying to put my peace into the puzzle of life.

You have a specific piece of the puzzle inside of you.

The world at large needs you to put that piece of the puzzle into the puzzle itself. We need to put the fabric of life back into ourselves and the world at large.